PREMEDICAL PROGRAMS NEEDS YOU!

Your support is critical to the continuing success of Premedical Programs. If you are currently in health professional or graduate school or working in a health care profession, the Premedical Programs office is interested in hearing from you. We would like to know about your current training or career and your professional activities. You are our success stories and great role models for students.

Would you like to provide a mentoring opportunity for students? We are always on the lookout for internship, volunteer and shadowing opportunities for students, and it’s especially meaningful when they have the opportunity to interact with UD alumni.

To share your information or be a resource for UD students, please visit givenow.udayton.edu. Under “Donation Information” and “Fund,” select “Other” and specify “Premedical Programs” in the comments section. Thank you so much for your generosity!

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YOUR COMMENTS AND SUBMISSIONS ARE ENCOURAGED!
Please visit our website for more information about our program and services: go.udayton.edu/premed.

In mid-January, 55 students participated in our 2016 brigade to Nicaragua, along with physicians Tom Herchline MD, Marylynn Hercshline MD, Annette Chavez MD and Pia Garibaldi MD and Director of Premedical Programs Kathleen Scheltens.

The brigade broke into two groups and provided a medical clinic for three days in two different villages. Residents from surrounding areas traveled often for several hours by foot or horseback to visit the clinics. In all, more than 3,800 patients were served.

After the medical brigade, teams of students worked with local families to build structures on their property to house a shower, sink and latrine. Students also mixed and laid cement in families’ dirt-floored homes.

The final project was affectionately called water day and involved working on a long term project of constructing a new water system. Our effort involved digging a trench for a water pipe. Once completed, water will be pumped up to the mountain, then a gravity-based distribution network will allow water to flow to the homes in the community.

Plans are already underway for the 2017 brigade. If you are interested in helping fund our brigade, please email premed@udayton.edu. Thanks!

In other news, we will have a changing of the guard in Premedical Programs this summer. Dr. Julie Simon completes her four-year assignment as assistant director and will return to her role as lecturer in the math department. Dr. Madeline DeBeer will step into the assistant director position beginning in August. Dr. DeBeer is no stranger to MED/DEN majors as she has taught the biochemistry course newly required of our majors. Our students’ enthusiasm for Dr. DeBeer is perhaps best reflected in the fact that 33 students asked her for letters of evaluation for their medical or dental school applications. We are very excited that Dr. DeBeer will be working with our students in and out of the classroom. We also extend huge thanks to Julie Simon for her four years of dedicated service to our students. Thankfully, Julie will continue to serve as one of our 22 premed advisors.

Campus preparations are presently underway for the 2016 Alumni Weekend. Whether or not you are among the visitors, please know that it is our alumni and friends of the program that we rely on as important connectors to the health care world. We hope we can work together this year in our next big Premed adventure.

Thanks and best wishes!
Kathleen Scheltens, Ph.D.
Assistant Director and Director of Premedical Programs

DIRECTOR’S LETTER

Dear Friends,

It is with great pleasure that we provide the news of our most recent year in an expanded format. We wrapped up a busy 2015/2016 academic year on May 7 when 62 MED and DEN majors graduated.

With the addition of the MED/DEN capstone this year, we have made important strategic steps in aligning our students’ clinical and service involve- ments with our curriculum. It is our goal to gradu- ate our students with not only a great biomedical science curriculum but also with transformative experiences outside of the classroom that help them develop the knowledge, skills and passion to become true health care leaders. We are privileged to have great community partners helping us expand this clinical programming while also helping our organizations meet their mission.

We also have wonderful physician friends of Premedical Programs who have been instrumental in offering their services to teach courses and lead our medical/dental brigade. Special thanks go to Dr. Kim Kwatek, Dr. Annette Chavez, Dr. Tom Herchline and Dr. Marylynn Hercshline.

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Assistant Director and Director of Premedical Programs
DR. ANNETTE CHAVEZ BRINGS BACK MEDICAL TERMINOLOGY MINI-COURSE

It had been more than five years since premed students had their own mini-course focused on medical terminology when Dr. Annette Chavez came forward with an offer to teach the course to junior and senior premed students preparing for medical school. Dr. Chavez rolled out the new medical terminology course in Spring 2016 and provided the following description of the course:

“Medical terminology was re-offered spring semester 2016 as a one credit hour mini-course. I decided to teach the class when I discovered that there was no terminology class exclusively available for students planning to apply to medical or dental school. I created a curriculum which covered terms used in all of the major medical specialties, and I used examples of medical terms as they appeared in progress notes, radiology reports, operative notes and ER reports.

In addition, I demonstrated common procedures of various specialists and discussed actual patient presentations, diagnoses and treatments. The final bonus class was a tutorial on basic suturing techniques using fabric and bananas. A motivated group of 20 students completed the class and I hope that they find this material to be helpful in their graduate medical education. I very much enjoyed interacting with the premed students and want to assure the alumni that these future physicians and dentists will be fine members of our profession! Many thanks to Dr. Chavez for her infectious energy and passion for medicine and for being such a great mentor for UD Premeds!”

BUILDING A SYSTEM TO MEET SOCIAL NEEDS OF DAYTON CHILDREN’S HOSPITAL PATIENTS

This past semester there was a buzz of activity in the Science Center that focused on better understanding and addressing social determinants of health. A special topics course titled “Healthy Children: Addressing Social Needs to Improve Health Outcomes” (ASI 346) was coordinated and co-facilitated by Jessica Saunders, Director of the Center for Child Health and Wellness at Dayton Children’s Hospital, Kathleen Scheltens, UD Director of Premedical Programs and Kelly Bohrer, UD Director of Community Engaged Learning.

After learning about the various social determinants of health and how these determinants are reflected in the Dayton community, students went to work researching local organizations that provide services that can impact these needs. Dayton Children’s Hospital had recently entered into a contract with the organization Health Leads. For 20 years, Health Leads has worked with the organization Health Leads. Kathleen Scheltens, UD Director of Premedical Programs and Kelly Bohrer, UD Director of Community Engaged Learning.

Students presented various aspects of this project at the UD & Miami Valley Hospital Healthcare Symposium on April 29th. In addition, many of the students in the class will be trained in fall to be advocates with the Family Resource Center. These advocates will be at the core of the program, working directly with families to connect them with the services of their community. Academic credit will be provided to students through a new course: MED 395.

This new collaboration addresses a primary goal of Premedical Programs which is to provide community-based service opportunities within clinical settings. Such opportunities are clearly beneficial to students in helping them develop interpersonal skills, build compassion and empathy, improve knowledge about health care and develop an understanding of the benefits of collaborative work with community partners.

Seventh Annual University of Dayton & Miami Valley Hospital Healthcare Symposium

The seventh annual University of Dayton & Miami Valley Hospital Healthcare Symposium was held at Kennedy Union on April 29th. This year’s theme was “Building a Healthy Dayton One Connection at a Time,” and focused on ways to expand our vision of health care to better meet the physical, social, emotional and spiritual needs of patients and families and build a healthy community.

The symposium kicked off with a keynote address by Rich Manchanda, MD, MPH, whose presentation was titled “The Upstream Effect: What Makes Us Get Sick?” In his 2013 TEDTalk, The Upstream Doctor, Rishi introduced a new model of the health care workforce that includes “upstreamists” who improve social determinants of health. Dr. Manchanda provided the audience with a great overview of how to incorporate “upstream” efforts in overall healthcare delivery.

Break-out sessions followed with three different options. “Advance Care Planning: Implementing the Dayton Option” provided the audience with an update on our community-wide advance care planning initiative that came out of last year’s symposium. The session titled “Healthy Children: Addressing Social Needs to Improve Health Outcomes” featured Jessica Saunders from Dayton Children’s Hospital who described two innovative clinical-community initiatives to address the social needs of patients and families. These programs are focused on improving health beyond the walls of the hospital where children live, learn and play. One of the programs Jessica discussed was the social needs program that involves UD students (see article on page 2).

A third break-out featured Joseph Scherger, MD, MPH (UD ’15) who discussed ways to encourage health by focusing on nutrition and lifestyle changes. He described new developments in nutrition science and argued for a greater focus on functional medicine, whereby health care providers look at the interactions among genetic, environmental, and lifestyle factors that can influence long-term health and complex, chronic disease.

In addition to the morning symposium open to health care professionals and students, afternoon “students only” sessions focused on helping students plan for entry into health professional schools and develop plans for entering the health care professions.

Many thanks to the following alumni who presented at the afternoon sessions: Kelly Anderson ’15, Emily Baker ’12, Alyssa Breagh ’12, Katie Kimberly ’15, Kevin Scherell ’14, Ranjana Sinha, MD ’93, Alex Ulitz ’14, Casey Wall ’14, Greg Mancini ’15, Jarrod Wurm ’15. A special thanks goes also to Michael Craig, MD, (UD ’81) who has been involved in planning the symposium since its inception. Dr. Craig is a great friend of the program and wonderful mentor for UD students.
UD Students Provide Bedside Interventions to Hospitalized Elderly

A group of 12 UD students will be spending time this summer at Miami Valley Hospital training to be HELP volunteers. The Hospital Elder Life Program (HELP) is a comprehensive, evidence-based, patient-care program that provides optimal care for older persons in the hospital. Hospital Elder Life Program staff (Elder Life Specialist and Elder Life Nurse Specialist) assess and enroll patients who meet specified enrollment criteria and determine which interventions are appropriate based on each patient’s needs. Patients receive personalized interventions that evolve to match their changing needs throughout the course of hospitalization.

After a 16-hour training, along with sixteen hours of shadowing experienced volunteers, UD students will administer interventions from four service areas including the daily visitor program which focuses on cognitive orientation and social repletion and feeding assistance program whereby students are meal companions with patients. Starting in fall, students who train and volunteer with the HELP Program will receive academic credit for MED 220, one of several new clinically based credit-bearing opportunities sponsored by Premedical Programs.

PREMEDICAL PROGRAMS ROLL OUT CAPSTONE REQUIREMENT

Students entering UD in 2013 were introduced to a new set of graduation requirements, referred to internally as the Common Academic Program (CAP). The CAP is shared by all students regardless of major. One of the CAP requirements is that students complete a major-specific capstone course or experience. In fall 2015, Premedical Programs received approval of their proposed capstone requirement for MED/DEN majors and 20 students participated in the pilot sections of MED 600: Premed Capstone in spring.

The goal of the capstone is to provide students the opportunity to engage in the scholarship, activity and/or practice of their major field and further the students’ understanding of their chosen vocation, career or profession. Students are required present their work in a forum appropriate to their major.

To prepare students for the MED/DEN capstone, MED and DEN majors are now required to complete an approved clinical experience and their career plans and goals. Students completed a personal philosophy statement which they shared with their cohort. In addition, each student presented a poster at the University of Dayton & Miami Valley Hospital Healthcare Symposium. The posters highlighted their chosen clinical experience and presented recommendations for continual improvement of the clinical experience.

Students who complete the MED/DEN capstone provide students with a context for reflecting upon their clinical service involvement and how these experiences provide a multitude of personal, professional and spiritual outcomes.

2016 ADMISSIONS TO HEALTH PROFESSIONAL SCHOOLS

Bryan Baker (MED) U North Texas HSC - Texas COM
Alex Berthe (MED) Ohio U Heritage COM
Paige Brown (MED) U Dayton PA
Neal Bucher (MED) U Toledo COM
Anden Burch (MED) Logan U College of Chiropractic
Nicholas Cari (MED) U Toledo COM
Abigail Carr (MED) Butler U PA
Mara Cooper (DEN) U Louisville COD
Jacob Counts (MCM) U Tennessee School of Pharmacy
Abby Crawford (MED) Chatham U PA
Kristin Creel (MED) Wright State U Boonshoft SOM
Breonna Curren (MED) Edward Via COM
Alicia DellaRossa (MED) Marquette PA
Michael Driscoll (EEP) LECOM
Patrick Dugan (MED) Indiana U SOM
Ryan Elser (EEP) U Dayton PA
Drew Elson (MED) Ohio U Heritage COM
Kevin Feeley (MED) U Pikeville - KY COM
Molly Pitch (BIO) Medical University of SC PA
Molly Gaskell (BIO) Walsh U Accelerated BS, U Akron Accelerated BS
Jessie Geer (MED) Colorado School of Public Health
Soﬁa Gillam (MED) Indiana U SOM
Kaleigh Hudak (EEP) U Dayton PA
Michael Hudock (BIO) Ohio U Heritage COM
Tim Hunter (MED) U Cincinnati COM
Dj Kiepﬂ (BIO) U Toledo COM
Genevieve Kociszewski (EEP) Chatham U PA
Katie Korneff (BIO) U Toledo COM
Lauren Kring (MED) Lincoln Memorial U - DelBak COM
Jasmine Lahaoud (BIO) U Dayton PA
Nicholas Lanzotti (MED) Southern Illinois U COM
Kelsey Maag (MED) Ohio U Heritage COM
Dubuque
Tyler Mack (BIO) U Cincinnati College of Pharmacy
Seamus Mangan (MED) Ohio U Heritage COM
Cleveland
Maggie MiNamara (MED) Emory U Nell Hodgson Woodruff School of Nursing
Conner McNamara (MED) U Toledo COM
Emily McNerny (MED) MCPHS PA
Jonathan Melendez (MED) U Michigan Medical School
Matthew Miller (BIO) LECOM Brandenton
Michael Moran (BIO) Ohio U Heritage COM
Mario Mutillo (MED) Marshall U School of Pharmacy
Baylor Myers (DEN) OHIO State U COD
Michelle Napolano (BIO) Ohio U Heritage COM
Shayna Niese (EEP) U of Cincinnati PA
Delanie Oda (MED) U Dayton PA
Kathryn O’Keane (MED) Ohio U Heritage COM
John Porter (MED) Galal School of Medicine of Dartmouth College
Logan Price (MED) Lincoln Memorial U - DelBak COM
Maxwell Roeske (BIO) Vanderbilt U MD/PhD
Kristin Schrader (DEN) U Michigan SOM
Kathryn Schilling (MED) Marian U COM
Mara Schroeder (MED) U Toledo PA
Alexandra Shuhuta (BIO) Ohio State U COD
Mary-Katherine Slattery (MED) Nova Southeastern PA
Jessica Smith (MED) U Cincinnati COM
Paul Stamos (DEN) Marquette U SOM
Hiba Sumra (MED) U Toledo COM
Meredith Taylor (MED) U Cincinnati COM
Thomas Terlau (MED) Chicago-COM of Midwestern
Chad Thiemann (MED) Marian U COM
J Drake Wakefield (MED) Ohio U Heritage COM
Dubuque
Christopher Watson (MED) Joan E Edwards SOM at U of N
Alex Wiegel (MED) Marian U COM
Justin Woodruﬀ (DEN) U of Louisville COD
Ashley Worthington (EEP) U Dayton PA
Michael Wright (MED) Ohio U Heritage COM

CONGRATULATIONS AWARD WINNERS!

Maxwell Roeske received the Joseph E. Scherger, MD, MPH Leadership in Medicine Award, which is presented to a graduating premedical student who has demonstrated leadership in improving the health of the public through better health care. Roeske also received the Montgomery County Medical Society Award, which goes to the outstanding senior in a premedical curriculum. Roeske will matriculate at Vanderbilt University in the Medical Scientist Training Program for an MD/PhD.

Meredith Taylor (2nd from left) received the Miami Valley Academy of Family Physicians Award, which is awarded to the graduating senior whose activities exemplify the philosophy of family medicine. Taylor will matriculate at the University of Cincinnati College of Medicine.

Neal Bucher received the Brother Francis John Molz Memorial Award, which is determined by vote from the Alpha Epsilon Delta membership, recognizing a graduating AED member who best demonstrates the qualities of unselfishness, community service and academic achievement. Bucher will matriculate at the University of Toledo College of Medicine and Life Sciences.

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Student Organizations

Pre-PA Club
In its second year, the UD Pre-PA Club completed an active year of educational, social and professional development activities. There are about 60 active members of this student organization, which works to help members learn about and prepare for a career as a physician assistant.

The year began with participation in the Hospice of Dayton 5K Walk. The club also enjoyed completing a service project with the UD PA students. Other highlights included an application workshop, presentations by PA professionals, participation in a local health fair, two social events and a Senior Send-off celebration. The organization also has compiled resources for students applying to PA programs in the area.

DIG
The Dental Interest Group (DIG) continues to be a great resource for pre-dentistry students. This year’s highlights were several programs for predental students at OSU, volunteering at St. Vincent, Dental Days at local elementary schools, Trunk or Treating at St. Vincent and Dental Days at local elementary schools. The club also enjoyed completing a service project with the UD PA students. Other highlights included an application workshop, presentations by PA professionals, participation in a local health fair, two social events and a Senior Send-off celebration. The organization also has compiled resources for students applying to PA programs in the area.

Healing Hearts
Healing Hearts focuses on community service and a large percentage of Healing Hearts members volunteered at Miami Valley Hospital, Dayton Children’s Hospital, Grandview Hospital, Southview Hospital, Kindred Hospice and Home. The monthly meetings alternated between speakers and service projects. Two of this year’s projects were fleece blankets for Hospice of Dayton and Halloween crafts for Dayton Children’s Hospital.

AED
On May 8th, 20 graduates wore their red and purple AED cords as they crossed the graduation stage to receive their diplomas. These 20 AED lifetime members had completed two or three years of active service as AED members. This meant they met the stringent point system requirements of service and chapter event participation, and maintained academic standards of Alpha Epsilon Delta, the national Premed Honor Society.

Earlier in spring term, the Ohio Eta Chapter welcomed 60 new members who successfully completed the pledge process and are now active members.

Some AED highlights from this year included 10 presentations from various health care professionals attending bi-weekly AED meetings; fall retreat; “meet the profs” luncheon; Dayton Children’s Hospital volunteer program; “Christmas on Campus”; American Red Cross Blood Drive; Dance Marathon; AED member CPR training; Relay for Life; Spring semi-formal dance; and Senior send-off dinner.

MAPS
The highlight of the year for the Multicultural Association of Premedical Students is the networking dinner. This year the dinner featured keynote speaker Valerie Blackwell-Truitt, director of the Office for Diversity and Inclusion at the Ohio State University College of Medicine. The dinner also featured a panel of medical students from the SH-MA chapter at Wright State University Boonshoft School of Medicine. The UD students were joined by MAPS members from Central State University and Wright State University.

As the University of Dayton builds upon prior successes in educating future healthcare workers and professionals, it has added a course on Medical Scribing to its elective curriculum. Possibly a national first, during the 2014-15 academic year, an elective, for- credit course was initiated in collaboration with ABC Scribes, Ltd, a Dayton-based scribing company with an innovative curriculum. The one-semester course covers a broad range of topics that are important to the medical scribe, including elements of the medical record, the advantages and pitfalls of an electronic medical record, legal aspects of working in a medical setting, safety in the healthcare workplace and more. The course has become very popular and often leads to a job with ABC Scribes. Graduates of the course may work part-time while in school or full-time during a paid year in any of a number of venues, including area emergency rooms, cardiology or family medicine offices, and other offices of a variety of specialties. These experiences are invaluable learning while-working opportunities for our students, who become much stronger candidates for acceptance into their chosen professional schools.

The class is partly didactic but largely practical. Much time is spent practicing creating a medical record and learning how to take information from a “patient Encounter” and converting it into a usable “provider note” while the encounter is happening. Many videos of patient encounters are used to that end. By the end of the course, the student is able to be present during a patient encounter and type up a chart contemporaneously, which will satisfy the needs of all of the chart’s custodians: medical personnel, lawyers, billers and coders, insurance companies, and regulators. Those who go on to become scribes with ABC Scribes receive additional training on location in the clinic, emergency department or hospital.

UD Innovator in Medical Scribe Education

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Scribes have become popular nationally due to the explosion of medical documentation requirements and the increasing complexity of trying to document in an electronic format. A scribe accompanies their physician into the patient examination room and documents the history as it unfolds. They put into the record any physical exam findings and test results as needed. They may enter orders under the physician’s direction to be signed for the doctor to review and sign. Scribes prepare admission or discharge “paper work” and monitor the clinic or emergency department for which patients need to be seen or rechecked after testing is complete. They are the provider’s right-hand for many of their non-clinical tasks.

ABC Scribes has been recognized nationally as an innovator in the medical scribing world. The owner, Kim Kwiatek, has assisted in the writing of a national certification examination that is being introduced to help standardize this burgeoning field.

For more information on UD’s pre-medical/health care courses, go to go.udayton.edu/premed.

For more information on ABC Scribes, go to abcscribes.com.