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# Premedical Programs Newsletter, April-May 2018

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"BEING A PHYSICIAN REQUIRES EFFECTIVE TEAMWORK, COMMUNICATION, AND

LEADERSHIP"

--BEN SCHMEUSSER

# **Application Workshops**

- •The Pre-PA club will host a workshop to review the CASPA (Centralized Application Service for Physician Assistants) on April 4th at 8 pm in SC 114. Kelli Huesman, MPAS, PA-C, Director of Clinical Education, University of Dayton Dept. of Physician Assistant Education will present the workshop.
- •Applying to Medical or Dental school this coming summer? Attend the final application workshop in April. Two sessions will be offered, covering the same material. Sessions will be held in SC 114 at 6:30 pm.

Attend only one:

- Tuesday, April 10th
- •Wednesday, April 11th

# Student Spotlight

Ben Schmeusser a current senior premedicine major who hails from Cincinnati, OH was drawn to the healthcare field by his "interest in science, a desire to help others, and a hope to use [his] gifts and talents to the best of [his] abilities." Through several meaningful experiences during his time at UD, Ben came to realize that "being a physician requires constant education of others as well as education of self."

When reflecting on memorable experiences, Ben said, "I believe it is incredibly important to immerse yourself in various experiences to not only get a better sense of yourself, but to also get more familiar with different environments and people of different backgrounds."

One of Ben's meaningful experiences has been his participation in three Global Brigades' trips to Nicaragua. He mostly recently served as president for the 2018 winter brigade. Participation in these brigades has "developed a passion in [him] for serving the underserved and understanding health disparities and their root causes" which he has learned are "often a combination of environmental, societal, and social factors." He has grown to "better understand the needs of the underserved communities and acknowledge the need for a holistic and sustainable approach."

During his UD career, Ben has been involved in additional activities of service, leadership, and scholarship. He has volunteered at the Reach Out Montgomery County clinic, worked as a medical scribe, and worked in the family practice office of Dr. Annette Chavez. He has also served as the president of the Beta Beta Beta student organization, a supplemental instructor for BIO 151 and BIO 152, and conducted his honors thesis research in the laboratory of Dr. Karolyn Hansen in the Biology department.

He hopes to use all his experiences and the skills that he has developed at UD in "his future career as a medical professional" and plans on matriculating to Wright State University Boonshoft School of Medicine this coming fall.

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# Global Brigades Applications Open Through April 8th



The 2019 winter medical/dental/public health brigade will be from January 3rd to January 11th, 2019. The application is available on-line and is open through April 8th. Register on-line at: studioabroad.udayton.edu. Applications are processed by the Center for International Programs.

Students accepted into the program must register for the 1 credit mini-course MED 339 during the fall semester. The class will meet Wednesdays from 5:05 to 6:20 pm. Participants are expected to attend and fully participate in the course in addition to completing any pre-class assignments and participating in fundraising activities in the fall.

For more information, please view the Global Brigades presentation under related links of the opportunities and activities page of the Premed website at http://premed.udayton.edu. Contact Dr. Scheltens at <a href="mailto:kscheltens1@udayton">kscheltens1@udayton</a> with any questions.

## **Dayton Corps Summer Service** Opportunities



Dayton Corps, an AmeriCorps program through ServeOhio, is recruiting for summer service positions. The program is run through the University of Dayton Fitz Center for Leadership in Community. Positions are available in three areas May 16 to Aug. 31 — neighborhood leadership development, housing insecurity and employment, and education. The Education Corps members engage youth in education activities at either the Madden Hills or Northwest library. The Neighborhood Corps serves out of city hall and engages residents and stakeholders in community organizing in Edgemont/Carillon, Westwood and Residence Park neighborhoods. The Opportunity Corps members assist clients at local homeless shelters. Members will also participate in weekly member trainings and statewide AmeriCorps trainings and events. Stipends for living expenses are available, and members may be eligible for an AmeriCorps education award upon completion of their term of service. Apply online at:

https://www.udayton.edu/artssciences/ctr/fitz/dayton-corps/ index.php.

### MED 210 for Summer 2018 (+)



MED 210, the mini-course associated with volunteering at the Reach Out Montgomery County clinic, will be offered this summer. Course participants will examine the complexities of providing healthcare to underserved populations and be trained to perform volunteer functions during open clinic hours. Participants will attend 6 bi-weekly classes from May 21 to July 30 held on campus on Mondays, 5:05 - 6:20 pm. Students may elect to take the summer course for zero credit hours to avoid tuition fees. Students interested in participating must have availability during one of the four hour volunteer shifts listed below. Please e-mail Mallory at vildm1@udayton.edu if interested.

•Wednesday, 5 - 9 pm •Thursday, 5 - 9 pm •Friday, 12 - 4 pm

# Hospital Elder Life Program (HELP) for Summer and Fall 2018



The Premedical Programs Office is coordinating a clinical opportunity with Miami Valley Hospital that involves students working bedside with patients. The program involves 16 hours of training. Students will then spend 16 hours in supervised training with a trained facilitator and commit to 60 or more hours of volunteering throughout the summer/semester. There will be 1 academic credit associated with the program. Students will be registered for the associated mini-course, MED 220. Students may elect to take the summer course for zero credit hours to avoid tuition fees.

Summer training will be on May 17-18, 9 am to 5 pm. Fall training will be on August 20-21, 9 am to 5 pm. You will be allowed to move into university housing to attend the August training as long as prior arrangements are made.

If admitted to the course, you will work with Melissa Sedlak at Miami Valley Hospital to schedule your volunteer shifts after you complete your training. You must be available for 4 hours per week during the semester. Shifts to be filled are Monday through Friday: 9am - 1 pm; 12:30 - 4:30 pm; 4 - 8 pm.

Students must submit completed paperwork including an MVH volunteer application, immunization record, and 2-step TB verification to Mallory Vild at vildm1@udayton.edu. For more information visit the premed website opportunities and activities link or e-mail Dr. Scheltens at kscheltens1@udayton.edu.

## **Family Resource Connection** MED 351 available Fall 2018



The Premedical Programs Office is partnering with Dayton Children's Hospital to offer a volunteer opportunity in the Family Resource Connection program which is housed at

Dayton Children's and focuses on providing patients and their families support in meeting their basic social needs. Advocate volunteers will work to connect families with available community services. Students can earn 1 academic credit in the associated mini-course, MED 351. Program participants complete on-site training and then work an established shift each week at Dayton Children's Family Resource Center. Contact Dr. Scheltens

### **Paid Internship Opportunities**

### Public Health Intern

at kscheltens1@udayton if interested.



A paid ten-week summer internship position (Intern III) is available with Public Health - Dayton & Montgomery County. Responsibilities include, but are not limited to, conducting research activities on selected Research Review Panel approved studies while protecting the privacy of all patient information in accordance with federal, state, local, and agency policies and procedures.

Minimum qualifications are full-time undergraduate pre-medical student status, ability to work independently, and computer applications/software experience in MS Word and Excel. The application deadline is April 15th or until the position is filled.

Apply by completing the application found on-line at: www.phdmc.org/about/employment-postings.

Fax, e-mail, or deliver the completed application to Human Resources at:

> Public Health-Dayton & Montgomery County 117 South Main Street, 2nd Floor Dayton, Ohio 45422

### Health and Wellbeing Partnership Intern



A paid student intern position is available to support the University of Dayton's partnerships with clinical programs at Reach Out Montgomery County, Miami Valley Hospital HELP Program and Good Neighbor House. Duties involve working with staff and volunteers at the partner organizations and the UD Director of Premedical Programs. The intern commits to become knowledgeable about these clinical programs in order to serve as a resource to both the organizations and the UD student volunteers. The intern will monitor the needs of student volunteers and assist with the one credit mini-courses associated with these programs.

Applicants must be active students in good standing who have previously completed MED 210. Preference is given to second and third year students with strong commitment to continue academic studies at the University of Dayton through senior year.

The position has an optional start of Summer 2018 if the student is available for about 5-10 hours a week.

The full job description is available through Handshake:

https://app.joinhandshake.com/jobs/1449861

# University of Dayton and Miami Valley Hospital 9th Annual Healthcare Symposium

#### Pre-event:

Because the annual healthcare symposium will jump right into innovative models for understanding and treating addiction, we are hosting a pre-event viewing of the one-hour PBS documentary, Understanding the Opioid Epidemic, in order to provide a good orientation and introduction to this national and local epidemic.

Join us on Tuesday, April 3rd in SC 114 at 8 pm for a viewing of Understanding the Opioid Epidemic and a short discussion following which will be facilitated by Dr. Sabrina Neeley (Wright State University Boonshoft School of Medicine).

### **Healthcare Symposium:**

The 2018 University of Dayton and Miami Valley Hospital Healthcare Symposium will be held Saturday, April 14th in John F. Kennedy Union (KU).

The theme of this year's morning program is #Re-think Addiction and will focus on innovative approaches to understanding and addressing addiction in our community. The symposium includes a student poster session, which is open to students as well as health professionals and community members, a luncheon for students and professional attendees, and an afternoon student symposium geared specifically towards undergraduates interested in healthcare careers.

The student poster session will feature work from UD predent and premed undergraduate students currently enrolled in the MED 480 course and completing their capstone requirement.

### **Naloxone Training:**

PROJECT DAWN (DEATHS AVOIDED BY NALOXONE) is a community-based overdose education and naloxone distribution program, sponsored by the Ohio Dept. of Health. Project DAWN participants receive training on:

- Recognizing the signs and symptoms of overdose
- Distinguishing between different types of overdose
- Performing rescue breathing
- Calling emergency medical services
- Administering intranasal Naloxone

Symposium attendees are invited to attend a Project Dawn training session and receive a naloxone kit at a special session to be held at 1:30 p.m., (after the symposium luncheon). Naloxone is a medication that can reverse an overdose caused by an opioid drug. Communities are arming citizens with these kits in an effort to provide an accessible way for citizens to save the life of someone experiencing an overdose. Registration for this session is reauired.

On-line registration is open at: go.udayton.edu/udmvhsymposium.

### Program Schedule

Program Scriedule.	
8:00 to 8:45	Registration, Continental Breakfast, Poster Session
9:00	Opening Remarks,
	Dr. Joseph Scherger
9:05	Dr. Nicole Labor-
	The Neuroscience of Addiction
10:00	Dr. Michael Don & Haley Riegel-
	From Philosophy to Buckets:
	A Perspective on Addiction
10:30	Poster Session
10:50	Dr. Joseph Scherger- Primary Care:
	On the Front Lines of the Opioid
	Epidemic
11:10	How Are Our Healthcare Systems
	Responding to the Opioid Crisis: A Providers' Panel
	A Providers Panel
12:00	Local Examples of Innovative
	Practices
12:30	Luncheon

**Afternoon Student Symposium Sessions** (open to students only except for\*)

#### 1:30 - 2:20 Session 1:

- 1. Life in Dental School
- 2. Life in Medical School
- 3. Life in Physician Assistant School
- 4. Naloxone Training by Project DAWN\*also open to professionals, UD faculty/staff, and community members

### 2:30 - 3:20 Session 2:

- 1. Gap Year Experiences
- 2. Careers in Healthcare
- 3. Building Up Your Interview Skills

Pick 1 of each concurrent session to attend.

### CONGRATULATIONS TO OUR PREMED AND PREDEN GRADUATES!

- •Kenan Bakri
- Oscar Barnes-Valldejuly
- Aidan Bean
- Jordan Bergeson
- •Olivia Bruno
- Collin Bryant
- Dudley Campbell
- Natalie Casey
- Nicholas Cheesman
- •Sam Cicconetti
- Erin Clark
- Matthew Comment
- Julie Cowan
- Nicholaus Cummins
- Abigail Dargie
- •Samuel Dille
- Elizabeth Edurese
- •Stephanie Fadavel
- •Leah Frischmann •Kate Galfano
- Haley Glaser
- Mary Ann Gottschlich
- Emily Granger
- Tanner Graves
- Parker Griff
- Olivia Grondalski

- Julia Hallack
- Julianne Haney
- Allison Harmon
- Nathan Helfferich
- •Lauren Hoody
- •Laura Hubacek
- •Libby Jobe
- •Sarah Kane
- Kelsey Klawonn
- Aidan Koch
- •Thomas Lawler
- •Grace Legan
- Daniel Link
- Caroline Lynch
- Catherine Matheny
- Joseph Mauch
- Cathryn McBride • Kayla McCarthy
- •Colin McMahon
- Gregory Moellering
- Erin Murphy
- Molly Murray
- Kevin Outwater
- •Connor Owen
- •Spencer Owen
- •AJ Pagan

- Ada Pariser
- Nicolina Pascua
- •Lvdia Pavton
- Hanna Peterson
- Dante Pezzutti
- Paul Phillips
- Jared Pope
- •Shalom Reuben
- •Logan Roebke
- Sherilyn Rogers
- Anthony Rose
- Jason Sanders
- John Schiavone
- •Ben Schmeusser
- Julie Sfiligoj
- Carrie Siekierski
- Nicholas Smith
- Kaitlyn Stanfield
- Madeline Thomas Ashley Trent
- Alexa Uniatowski
- Alan Valadez
- Mallory Vild
- Matthew Wagner
- •Meghan Wilke

# SENIOR AWARDS

Congratulations to our outstanding seniors that have been nominated for the Premedical Programs Senior Awards: Julianne Haney, Caroline Lynch, Joseph Mauch, CJ Moellering, Ada Pariser, Lvdia Pavton, Ben Schmeusser.

The Joseph E. Scherger MD MPH Leadership in Medicine Award will presented at this year's University of Dayton and Miami Valley Hospital Healthcare Symposium to a graduating premedical student who has demonstrated leadership toward improving the health of the public through better healthcare. The other awards will be presented at the College of Arts and Sciences Awards Ceremony in May.

Congratulations to Ada Pariser, the recipient of the Dean Leonard A. Mann, S.M. Award of Excellence which recognizes the outstanding senior in the College of Arts and Sciences whose academic and service records embody the three characteristics implicit in the motto, "Learn, Lead, Serve."

# April and May:

Apr. 1 - Application deadline for December 2018 graduation

Apr. 2 -Easter Monday-classes resume at 4:30 pm

Apr. 3 - Healthcare symposium Pre-event: viewing of <u>Understanding the Opioid</u>
<u>Epidemic</u>, SC 114 at 8 pm

Apr. 4 - Pre-PA Club CASPA Workshop, SC 114 at 8 pm

Apr. 6 - on-line student registration for Healthcare Symposium closes

# **Calendar Highlights**

Apr. 8 - on-line application for 2019 winter brigade closes

Apr. 14 - University of Dayton & Miami Valley Hospital Healthcare Symposium

Apr. 18 - Brother Joseph W. Stander Symposium

Apr. 27 - Last day of classes Apr. 28-29 - Study Days

Apr. 30 - Final exam week begins

May 1-5 - Final Exams May 7 - Commencement

### -REGISTRATION OPEN-

University of Dayton & Miami Valley Hospital

9th Annual Healthcare Symposium

**APRIL 14, 2018** 

**HELD AT UD KENNEDY UNION** 

GO.UDAYTON.EDU/UDMVHSYMPOSIUM

### Congratulations to the following students on their admission to health professional schools!

- •Moneer Abouljoud (BIO) Wayne State U SOM
- Jonathan Alessi (BCM) Indiana U SOM
- Allison Bailey (DEN) Case Western Reserve U SDM, Midwestern U CDM
- •Taylor Balk (BIO) Rosalind Franklin U of Medicine and Science, U of Illinois COM, Wright State U Boonshoft SOM
- •Oscar Barnes-Valldejuly (MED) Ponce SOM, Universidad Central del Caribe SOM

Kate Boylan (BIO) Marian U COM, Ohio Heritage COM

- •Leah Bullock (BIO) Indiana U SOD, Midwestern U CDM, U of Detriot-Mercy SOD, U of Louisville SOD
- •Collin Bryant (DEN) Marquette U SOD, U of Kentucky COD, U of Louisville SOD, U of Tennessee COD
- •Mark Bugada (EEP) Ohio U Heritage COM, Marian U COM
- Julia Carroccio (PSY) Ohio U Heritage COM
- Julie Cowan (MED) Marian U COM
- •Andrew Deak (EEP) Temple U SOM
- Sarah Feldkamp (MED) U of Cincinnati SOM, U of Kentucky COM, U of Lousiville SOM
- Anthony Flowers (Pre-PT) U of Cincinnati SOM
- •Leah Frischmann (MED) Indiana U SOM
- Haley Glaser (MED) Edward Via COM-Carolinas
- Tanner Graves (MED) Wright State U Boonshoft SOM
- Christa Greenwood (EEP) Kettering College PA program, Wingate U PA program
- Kathryn Grenfell (BIO) Chatham U PA program, Kettering College PA program, Marietta College PA program, U of Findlay PA program
- Lauren Gresham (BIO) U of Missouri-Kansas City SOM
- •Olivia Grondalski (MED) Wright State U Boonshoft SOM
- Katherine Gross (MED) Ohio U Heritage COM
- Emily Haines (BIO) Kettering PA Program, Ohio Dominican PA Program, U Dayton PA Program
- Julianne Haney (MED) Ohio State U COM, U of Cincinnati SOM, U of Toledo SOM, Wright State U Boonshoft SOM
- Nathan Helfferich (DEN) Case Western Reserve U SDM, Indiana U SOD, Marquette U SOD, Ohio State COD, U of Detroit-Mercy SOD, U of Kentucky SOD, U of Lousiville SOD, Uof Michigan SOD
- •Laura Hubacek (DEN) Marquette U SOD, U California San Francisco SOD
- Marissa Jama (BIO) Midwestern U Chicago COM
- •Sarah Kane (MED) Butler U PA program, Case Western Reserve PA program, U Dayton PA program, U of Detroit Mercy PA program

- •Thomas Lawler (MED) U of Kentucky COM, U of Lousiville SOM, U of Toledo SOM
- •Caroline Lynch (MED) U of Cincinnati SOM
- •Cristian Mantilla (MED) U Central del Caribe SOM
- Joe Mauch (MED) Case Western Reserve U SOM, Ohio State U COM, U of Cincinnati, SOM, U of Pittsburgh SOM, Wright State U Boonshoft SOM
- •Rachel McCann (MED) Rocky Vista U COM
- •Riley Mckweon (EEP) U Dayton PA program
- •Katherine Michel (BIO) Ohio State U COD
- •CJ Moellering (BCM) U of Kentucky COM, U of Lousiville SOM
- Molly Murray (MED) Chatham U PA program, Mercyhurst PA program
- •Alvin Newman-Caro (MED) Lincoln Memorial U-DeBusk COM, U of Incarnate Word SOM
- •Connor Owen (DEN) U of Detroit-Mercy SOD
- Spencer Owen (DEN) U of Detroit-Mercy SOD
- Ada Pariser (MED) Mayo Clinic SOM, Michigan State U CHM, Oakland U SOM, U of Kentucky COM, U of Lousiville SOM, U of Pikeville KYCOM
- •Lydia Payton (MED) Ohio State U COM, St. Louis U SOM, U of Cincinnati SOM, U of Kentucky COM, U of Lousiville SOM, Washington U SOM
- •Kristine Perez (DEN) Case Western Reserve U SDM, Marquette U SOD, Ohio State U COD, U of Lousiville SOD, U of Michigan SOD, U of Pittsburg SDM
- Dante Pezzutti (MED) Saint Louis U SOM
- •Julia Ripepi (EEP) Mercyhurst PA program, Ohio Dominican PA program
- •Katie Rizzo (EEP) U of Pikeville KYCOM
- •Logan Roebke (MED) U of Toledo SOM, Wright State U Boonshoft SOM
- •Maddie Sauer (EEP) U of Missouri SOM
- Jennifer Scheffler (BIO) Kettering PA program
- •Ben Schmeusser (MED) Wright State U Boonshoft SOM
- •Olivia Shaw (EEP) U Dayton PA program
- Carrie Siekierski (MED) Carroll U PA Program, U Dayton PA program
- •Katie Simpson (BCM) U Dayton PA program
- Rachel Singer (DEN) Case Western Reserve U SDM, Creighton U SOD, Ohio State U COD, U of Louisville SOD
- Marisa Spoltman (MED) Kettering PA program