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Premedical Programs Newsletter, March 2018

University of Dayton

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UD students participate in a clinical skills workshop with Wright State U Boonshoft School of Medicine students that was hosted by the Multicultural Association of Pre-Health Students.

Student Spotlight

Nathan Helfferich, a current senior pre-dentistry major who hails from Springboro, OH was drawn to the healthcare field from a very early age, inspired by his dad’s career as an ear, nose, and throat surgeon. He said, “the idea of having your own patients and being able to use your specific skills to better their health and lifestyle was captivating to me.” Shadowing in the area of general dentistry convinced him that the field of dentistry was a perfect fit for his desire to help others in a healthcare setting, build relationships with patients, and being able to constantly be hands-on.

During his time at UD, Nathan has devoted significant time to service, teaching, and leadership. He is one of the current co-presidents of the Dental Interest Group, a student organization that supports undergraduates interested in pursuing a dental career. He is also a supplemental instruction (SI) mentor and former SI leader for Organic Chemistry, and a cohort member of the 2018 Chaminade Scholars class.

When reflecting on memorable experiences throughout his UD career, Nathan said, “I’m proud of the people and the experiences [that] I’ve surrounded myself with at UD. I didn’t restrict myself to one experience or group of people, but have really tried to be as involved as possible.” Nathan also highlighted his SI experience and his international experiences: a six-week trip to Guatemala volunteering for an organization that serves children with disabilities and his Global Brigades experience in Nicaragua.

Besides participating in many co-curricular activities, Nathan has also excelled academically and scored a 22 on the DAT. He will be matriculating to Ohio State U College of Dentistry this coming fall. Nathan’s tips for success on the DAT include: full-length practice tests from Kaplan, the DAT Destroyer problem book, and creating a study schedule and sticking with it. He said, “having full-length practice exams on my calendar to work towards was a big part of my preparation.”

Join us on April 14th from 8 am to 1:30 pm in the Kennedy Union Ballroom as this symposium’s program will explore innovative approaches to understanding and addressing addiction.

Register on-line at: go.udayton.edu/udmvhsymposium

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Hard to believe we are well into spring semester and looking forward to both summer and fall plans!

Registration for both summer and fall classes begins in a couple weeks. The current course listings are available through Porches.

Opportunities highlighted this month are UD EMS recruiting, Miami Valley Hospital shadowing at both downtown and south locations, and the ISE Summer CORPs program.

Plan on attending the 9th Annual University of Dayton & Miami Valley Hospital Healthcare symposium to be held April 14th at the John F. Kennedy Union. This year’s symposium titled “Re-Think Addiction” will explore innovative approaches to understanding and addressing addiction in our community.

Maddie De Beer
Assistant Director, Premedical Programs

“ABOVE ANYTHING ELSE, I’M MOST EXCITED TO HAVE MY OWN PATIENTS THAT I CAN BUILD RELATIONSHIPS WITH”

— NATHAN HELFFERICH
Spring and summer opportunities are available for Juniors and Seniors in the application process to shadow healthcare teams in different departments at Miami Valley Hospital and in the Operating Room at Miami Valley Hospital South in Centerville. OR shadowing will be on Tuesday mornings from 6:45 am to 10:30 am and also requires a separate mandatory orientation at Miami Valley South.

More details and required paperwork can be found at the Opportunities and Activities link on the premed.udayton.edu web page (click on Hospital Observation to access information and documents).

Please submit your current immunization records, proof of current flu shot, and results of a recent TB screening (either two-step TB skin prick or T-spot blood test) along with your job shadow application to the Premed Office prior to signing up for the shadow opportunities.

Contact Dr. De Beer at mdebeer1@udayton.edu if you have questions about paperwork.

Premier Health PA job shadowing is jointly coordinated with Pre-PA club and AED. The Premier Health PA job shadow schedule is available for the spring. Please make sure that you have completed and submitted all the required paperwork prior to signing up for a spot.

UD EMS Applications Open

University of Dayton Emergency Medical Services (UD EMS), UD’s on-campus, student-run emergency medical services organization is recruiting current first and second years to apply. As an accepted member, you will complete an EMT course in the fall to gain EMT certification.

Attend the info session on Thursday, March 8th in SC 271 from 7 pm to 8 pm and/or the Ice Cream Social on Sunday, March 18th at the Squad House, 214 Lawnview Ave. from 2 pm to 4 pm to learn more and meet current and prospective members.

The application opens on March 1st. Follow on Instagram for information on how to apply (@ud_ems). If you have any questions please contact Annie at classliaison.udems@gmail.com

ISE Summer CoRPs applications Open

The University of Dayton Integrative Science and Engineering Center (ISE Center) is sponsoring ISE Summer CoRPs (Collaborative Research Projects) opportunities for UD students interested in conducting full-time research over a 10 week summer period. Students will select and rank up to four of the collaborative research projects that are listed on the ISE Summer CoRPs site. The collaborative and multi-disciplinary nature of the projects provide students with an enriching research experience in which student fellows work with two or three faculty co-mentors from across disciplines (Dr. Sun’s lab in Biology shown above is one of the research labs available). Fellows will also benefit from professional development, social, and outreach activities. UD students from the College of Arts and Sciences and the School of Engineering are eligible to apply. Students identifying from underrepresented in STEM fields or with financial need are encouraged to apply. Participants must be available to conduct full-time research for 10 weeks over the summer term.

Additional information, project descriptions and the on-line application are currently available at: https://www.udayton.edu/artssciences/ctr/ise/opportunities-stu/index.php.

The application deadline is 5 pm on March 25th, and fellowship offers are expected to be made April 3-10th.

Pre-PA Club CASPA Workshop on April 4th

The Pre-PA club (members shown below participating in a joint event with current UD PA students) will host workshop to review the CASPA (Centralized Application Service for Physician Assistants) on April 4th at 8pm in SC 114. Kelli Huesman, MPAS, PA-C, Director of Clinical Education, University of Dayton Dept. of Physician Assistant Education will present the workshop. You can follow them on Instagram at @udpreapclub or e-mail them at udpreapclub@gmail.com for more information. If you would like to be added to the Pre-PA club e-mail list, you can contact duryg1@udayton.edu.
Because the annual healthcare symposium will jump right into innovative models for understanding and treating additive, we are hosting a pre-event viewing of the one-hour PBS documentary, Understanding the Opioid Epidemic, in order to provide a good orientation and introduction to this national and local epidemic.

Join us on **Tuesday, April 3rd in SC 114** at 8 pm for a viewing of Understanding the Opioid Epidemic and a short discussion following which will be facilitated by Dr. Sabrina Neeley (Wright State University Boonshoft School of Medicine).

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**Fall 2018 Course Registration**

Course registration for the fall 2018 term starts on March 19th for priority groups. Students are able to view the course offerings through Porches starting on March 1st.

Plan on meeting with your academic advisor to discuss schedules and obtain your approval code.

Clear all holds (financial, parking, library) prior to registering.

Registration priority is determined by credit hours of classes taken and currently enrolled in this semester.

You can view your individual time through Porches >> Flyer Student Services >> Registration Status >> Fall 2018.

**REGISTRATION OPENS DURING THE FOLLOWING TIME FRAMES:**

- **Priority Groups** -- March 19th
- **Seniors (90+ hours)** -- March 20th to March 23rd
- ** Juniors (60+ hours)** -- April 3rd to April 6th
- **Sophomores (30+ hours)** -- April 9th to April 12th
- **First Years (< than 30 hours)** -- April 13th to April 19th

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The 2018 University of Dayton and Miami Valley Hospital Healthcare Symposium will be held Saturday, April 14th in John F. Kennedy Union (KU).

The theme of this year’s morning program is #Re-think Addiction and will focus on innovative approaches to understanding and addressing addiction in our community. The symposium includes a student poster session, which is open to students as well as health professionals and community members, a luncheon for students and professional attendees, and an afternoon student symposium geared specifically towards undergraduates interested in healthcare careers.

The student poster session will feature work from UD premed and premed undergraduate students currently enrolled in the MED 480 course and completing their capstone requirement.

On-line registration is open at: go.udayton.edu/udmvhsymposium.

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**Letters of Evaluation**

Students applying to medical and dental school in this application cycle must complete their on-line forms by **March 9th** and turn in the signed evaluator and advisor forms to the Premed Office (SC 375) by **March 16th**. All students who wish to use a composite letter must comply with these deadlines or expect a delay in the composite letter process.

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**Spring Application Workshops**

Applying to Medical or Dental school this coming summer? Attend the final application workshop in April. Two sessions will be offered, covering the same material. Sessions will be held in SC 114 at 6:30 pm.

Attend only one:

- **Tuesday, April 10th**
- **Wednesday, April 11th**

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**Program Schedule:**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00</td>
<td>Registration, Continental Breakfast</td>
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<tr>
<td>8:45</td>
<td>Opening Remarks, Dr. Joseph Scherger</td>
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<tr>
<td>9:05</td>
<td>Dr. Nicole Labor - The Neuroscience of Addiction</td>
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<tr>
<td>10:00</td>
<td>Dr. Michael Don &amp; Haley Riegel - From Philosophy to Buckets: A Perspective on Addiction</td>
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<tr>
<td>10:30</td>
<td>Poster Session</td>
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<tr>
<td>10:50</td>
<td>Dr. Joseph Scherger - Primary Care: On the Front Lines of the Opioid Epidemic</td>
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<tr>
<td>11:10</td>
<td>How Are Our Healthcare Systems Responding to the Opioid Crisis: A Providers' Panel</td>
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<tr>
<td>12:00</td>
<td>Local Examples of Innovative Practices</td>
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<tr>
<td>12:30</td>
<td>Luncheon</td>
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**Afternoon Student Symposium Sessions (open to students only):**

- **Session 1:**
  1. Life in Dental School
  2. Life in Medical School
  3. Life in Physician Assistant School

- **Session 2:**
  1. Gap Year Experiences
  2. Careers in Healthcare
  3. Building Up Your Interview Skills

Pick 1 of 3 concurrent sessions to attend.
March:
- Mar. 7 - Everhard, Michaelis, and Szabo scholarship applications due
- Mar. 9 - On-line forms for applicants using composite letter process due
- Mar. 15 - Application deadline for August 2018 graduation
- Mar. 16 - Turn in forms for composite letter to Premed Office

April:
- Apr. 1 - Application deadline for December 2018 graduation
- Apr. 2 - Easter Monday - classes resume at 4:30 pm
- Apr. 3 - Healthcare symposium Pre-event: viewing of Understanding the Opiod Epidemic, SC 114 at 8 pm

Calendar Highlights
- Mar. 25 - ISE Summer CoRPs applications close
- Mar. 26 - print deadline for MED 480 Healthcare symposium poster session posters
- Mar. 28 - Easter Recess begins after last class
- Mar. 31 - UD EMS applications close
- Apr. 4 - Pre-PA Club CASPA Workshop, SC 114 at 8 pm
- Apr. 6 - on-line student registration for Healthcare Symposium closes
- Apr. 14 - University of Dayton & Miami Valley Hospital Healthcare Symposium
- Apr. 18 - Brother Joseph W. Stander Symposium
- Apr. 27 - Last day of classes
- Apr. 28-29 - Study Days
- Apr. 30 - Final exam week begins

Congratulations to the following students on their admission to health professional schools!

- Moneer Abouljoud (BIO) Wayne State U SOM
- Jonathan Alessi (BCM) Indiana U SOM
- Allison Bailey (DEN) Case Western Reserve U SDM, Midwestern U CDM
- Taylor Balk (BIO) Rosalind Franklin U of Medicine and Science, U of Illinois COM, Wright State U Boonshoft SOM
- Oscar Barnes-Valledéjuy (MED) Ponce SOM, Universidad Central del Caribe SOM
- Kate Boylan (BIO) Marian U COM, Ohio Heritage COM
- Leah Bullock (BIO) Indiana U SOD, Midwestern U CDM, U of Detroit-Mercy SOD, U of Louisville SOM
- Collin Bryant (DEN) Marquette U SOD, U of Kentucky COD, U of Louisville SOD, U of Tennessee COD
- Mark Bugada (EEP) Ohio U Heritage COM, Marian U COM
- Julia Carrocio (PSY) Ohio U Heritage COM
- Julie Cowan (MED) Marian U COM
- Andrew Deak (EEP) Temple U SOM
- Sarah Feldkamp (MED) U of Cincinnati SOM, U of Kentucky COM, U of Louisville SOM
- Anthony Flowers (Pre-PT) U of Cincinnati SOM
- Haley Glaser (MED) Edward Via COM-Carolinas
- Tanner Graves (MED) Wright State U Boonshoft SOM
- Christa Greenwood (EEP) Kettering College PA program, Wingate U PA program
- Kathryn Grefell (BIO) Chatham U PA program, Kettering College PA program, Marietta College PA program, U of Findlay PA program
- Lauren Gresham (BIO) U of Missouri-Kansas City SOM
- Olivia Grondalski (MED) Wright State U Boonshoft SOM
- Katherine Gross (MED) Ohio U Heritage COM
- Emily Haines (BIO) Kettering PA Program, Ohio Dominican PA Program, U Dayton PA Program
- Julianne Haney (MED) Ohio State U COM, U of Cincinnati SOM, U of Toledo SOM, Wright State U Boonshoft SOM
- Nathan Hellferich (DEN) Case Western Reserve U SDM, Indiana U SOD, Marquette U SOD, Ohio State COD, U of Detroit-Mercy SOD, U of Kentucky SOD, U of Louisville SOD, U of Michigan SOD
- Laura Hubacek (DEN) Marquette U SOD, U California San Francisco SOD
- Marissa Jama (BIO) Midwestern U Chicago COM
- Sarah Kane (MED) Butler U PA program, Case Western Reserve PA program, U Dayton PA program
- Thomas Lawler (MED) U of Kentucky COM, U of Louisville SOM, U of Toledo SOM
- Caroline Lynch (MED) U of Cincinnati SOM
- Cristian Mantilla (MED) U Central del Caribe SOM
- Joe Mauch (MED) Case Western Reserve U SOM, Ohio State U COM, U of Cincinnati, SOM, U of Pittsburgh SOM, Wright State U Boonshoft SOM
- Riley Mckweon (EEP) U Dayton PA program
- Katherine Michel (BIO) Ohio State U COD
- CJ Moellering (BCM) U of Kentucky COM, U of Louisville SOM
- Molly Murray (MED) Chatham U PA program, Mercyhurst PA program
- Alvin Newman-Caro (MED) Lincoln Memorial U-DeBusk COM, U of Incarnate Word SOM
- Connor Owen (DEN) U of Detroit-Mercy SOD
- Spencer Owen (DEN) U of Detroit-Mercy SOD
- Ada Pariser (MED) Mayo Clinic SOM, Michigan State U CHM, Oakland U SOM, U of Kentucky COM, U of Louisville SOM, U of Pikeville KYCOM
- Lydia Payton (MED) Ohio State U COM, St. Louis U SOM, U of Cincinnati SOM, U of Kentucky COM, U of Louisville SOM, Washington U SOM
- Kristine Perez (DEN) Case Western Reserve U SDM, Marquette U SOD, Ohio State U COD, U of Louisville SOM, U of Michigan SOM, U of Pittsburgh SDM
- Dante Pezzutti (MED) Saint Louis U SOM
- Julia Ripeti (EEP) Mercyhurst PA program, Ohio Dominican PA program
- Katie Rizzo (EEP) U of Pikeville KYCOM
- Logan Roebke (MED) U of Toledo SOM, Wright State U Boonshoft SOM
- Maddie Sauer (EEP) U of Missouri SOM
- Jennifer Scheffler (BIO) Kettering PA program
- Ben Schmeusser (MED) Wright State U Boonshoft SOM
- Olivia Shaw (EEP) U Dayton PA program
- Katie Simpson (BCM) U Dayton PA program
- Rachel Singer (DEN) Case Western Reserve U SDM, Creighton U SOD, Ohio State U COD, U of Louisville SOM
- Marisa Spoltman (MED) Kettering PA program

Please share the exciting news of your acceptances so we can keep an accurate and current list. Thanks!