We strongly encourage you to complete our survey at www.surveymonkey.com/s/UDalumspotlight. By completing the survey, you will join the Healthcare Connection. Once we receive your survey, we will periodically contact you to see if you are interested and able to have a student shadow you. Any information you share with us will be kept strictly confidential until you give us permission to share it. Please join the UD Healthcare Connection by completing the survey or by contacting our office directly at 937-229-3545. Thank you for helping us continue to provide UD students with a quality educational experience and to help them prepare for a successful career in healthcare.

ALUMNI ANNOUNCEMENTS

We’d love to tell your fellow alumni what you are doing. Send us news about your life and your practice to include in Alumni Announcements for our next edition of LifeLine! Just fill out our short Alumni Spotlight Survey at www.surveymonkey.com/s/UDalumspotlight.

PROGRAM STAFF

DIRECTOR
Kathleen Scheltens, Ph.D.
kscheltens1@udayton.edu

ASSISTANT DIRECTOR
Julie Simon, Ph.D.
simonj1@udayton.edu

ADMINISTRATION ASSISTANT
AnnMarie Davies

WRITTEN & EDITED
Kathleen Scheltens, Ph.D.

YOUR COMMENTS AND SUBMISSIONS ARE ENCOURAGED!
Please visit our website for more information about our program and services: premed.udayton.edu

Don’t forget! Fourth Annual UD/Miami Valley Hospital Healthcare Symposium is Saturday, March 23, 2013. Register at premed.udayton.edu.

University of Dayton/Miami Valley Hospital HEALTHCARE SYMPOSIUM

March 23rd is the date of the fourth annual UD/Miami Valley Hospital Healthcare Symposium. This year’s symposium will feature Dr. Marjorie Bowman, Dean of Wright State University Boonshoft School of Medicine, who will moderate a program titled “Controversies in Prevention: The role of immunizations, screenings and genetics.” A panel of local physicians will discuss specific controversies in their area of practice, and Dean Bowman will facilitate the conversation.

Last year’s symposium was held on March 31, 2012. More than 80 students and 100 health professionals attended the event. Last year’s symposium included two morning sessions focused on the Patient Centered Medical Home (PCMH) Model and Medicine and Spirituality. Dr. Ted Wymyslo, Dr. Joseph Scherger, Dr. Barbara Tobias, Ms. Jeff Biehl and Ms. Dana Hedrick discussed “Are You Ready for PCMH?” Incorporating the PCMH Model into Practice.” Dr. Philip Diller and Dr. Evangelina Andarios, along with keynote speaker Dr. Harold Koenig, discussed the role of spirituality in both the physician’s professional practice and in the patient’s medical experience.

The keynote address “Religion, Spirituality and Medicine: Research and Clinical Applications” was delivered by Dr. Harold Koenig, Director of the Center for Spirituality, Theology and Health at Duke University. He spoke about the vast research being conducted investigating the relationships between spirituality and health, and described how religious involvement may impact health. Afterward a reception and luncheon were held in the Tenth Lounge.

During the afternoon, the student symposium was held, which included panels of physicians, medical students, dental students, and UD students and alumni. They discussed a variety of topics including preparing for medical school, life in medical school, preparing for a career in dentistry, other healthcare options such as PA, optometry, podiatry, pharmacy and nursing, and research and clinical opportunities for undergraduates. The UD alumni who participated as presenters included Katrina Freis, Ashley Gardeh, Jared Castro, Chris Doyle, Krista Roth, Eric Whitney, Liz Barton, Launa DeVito, Teresa Meier, Katie Wood, Andrew McBride and Kelly Thobe.

Thank you also to the physicians who helped plan the symposium including UD alumni Dr. Michael Conig, Dr. Ranjana Sinha and Dr. Christine O’Dea.

Happy New Year! I hope the new year finds you well. This is a great time for us to pause and reflect on the past year and bring our alumni up to date on UD premedical happenings.

The year 2012 brought big changes to the premedical programs office. In July, Dr. Bob Kearns completed his appointment as director of premedical programs, and I was hired as the new director. Dr. Kearns is enjoying a year of sabbatical and will return to UD as professor in biology in August 2013. Dr. Julia Simon was hired in the role of assistant director of premedical programs. Dr. Simon had been teaching at UD as a lecturer in mathematics before her appointment.

It has been an active year for students as well. Our students have been very active in the local, regional and global health communities. Our medical and dental brigade to Central America is become a very popular program on campus. Closer to home, our students have developed a partnership with Reach Out Montgomery County, an organization that provides healthcare to uninsured individuals in the Miami Valley. We are in the process of developing an internship program at Miami Valley Hospital, and our student organizations such as Heeding Hearts, Alpha Epsilon Delta, and Dental Interest Group are going strong.

We hope you have a terrific year and that our paths cross. Please consider visiting us in 2013. We would love to see you at our Healthcare Symposium on March 23rd. Keep an eye on your mail for registration information or visit premed.udayton.edu.

Best Wishes,
Kathleen Scheltens, Ph.D.
Director of Premedical Programs
Dr. Joseph Scherger (’71, summa cum laude) received his M.D. from the UCLA School of Medicine (’70) and completed a Family Medicine residency at the University of Dayton as well as earning an M.P.H. (’78).

He served in the National Health Service Corps as a migrant health physician before starting a private practice in California. Over the last 20 years, he has held a number of positions focusing on education, healthcare reform and quality of life including teaching medical students and residents at UC Davis, serving as a VP for Family Practice and Primary Care Education at Sharp Healthcare in San Diego, Chair of the Department of Family Medicine and Associate Dean at UC Irvine and as the founding dean of the Florida State University College of Medicine.

He serves on the editorial board of Medscape Economicist and is an As- sociate Editor of Family Medicine. He has been an editor on multiple journals, served on exam committees, has received numerous awards, has authored more than 400 medical publications and has given over 900 invited presentations. Currently, Dr. Scherger is Vice President for Primary Care at Eisenhower Medical Center in Rancho Mirage, California. He is Clinical Professor of Family Medicine at the University of California, San Diego School of Medicine (UCSD) and at the Keck School of Medicine at the University of Southern California (USC). He was formerly Consulting Medical Director for Quality and Informatics at Lumatho Health Care Solutions. Dr. Scherger’s main focus is on the redesign of office practice using the tools of information technology and quality improvement.

Dr. Scherger enjoys an active family life with his wife, Carol, and their two sons, Adrian and Gabriel. He has completed 28 marathons and three 5K UltraMarathon trail runs.

Dr. Mary (Palszynski) Buchwalder (‘71, summa cum laude) received her M.D. from The Ohio State University College of Medicine and completed a Master of Health Administration degree from Ohio University. She has had special interests in Pediatric Urgent Care and has specializations in Pediatric Primary Care and Primary Care Education at the University of Dayton. She has had a number of positions focusing on education, increasing staff and securing University support for immunization programs, planning and travel. She regularly attends the planning committee for the pediatric urgent care center in Dayton and has precepted at Dayton Community Health Center in recent years.

After residency, Dr. Buchwalder worked part-time for 14 years while raising her daughters. Her part-time work included shifts in the Wayne Hospital Emergency Room as well as private practice. Since 1996, she has presided at Dayton Community Family Medicine Residency, teaching in the residency office when she worked part-time, and having residents come to the UD Health Center in recent years.

In January 2012, the UD Medical/Dental Brigade traveled to Honduras with the organization Global Brigades. The trip was sponsored by UD campus ministry and the UD preprofessional programs office. A group of UD students assisted physicians Dr. Tom Hinchliffe, Dr. Marylynn Shenandoah and residents and staff at Hospital Sonrisa in Puerto Cortez on the west coast of Honduras. 

She is involved in many community projects outside the hospital. She is a member of the preclinical medical student Global Brigades. One group travels to Panama this month, and a second group will go to Honduras in May 2013. If you would like to donate medical or dental supplies or funds to help meet expenses, please contact preprofessional programs director Dr. Kathleen Schottenfels at kschattem@udayton.edu. If you would like more information about Global Brigades, you can go to their website at globalbrigades.org.

She completed her pediatric residency at Bridgeport Hospital/Yale University School of Medicine in New Haven, Connecticut and Cincinnati Children’s Hospital Medical Center. Dr. Simha is board certified in pediatrics.

In 2011, Dr. Simha was named medical director of general inpa- tient services at Dayton Children’s. Previously she was the medical director for the Children’s Urgent Care Center in Springboro for two years. Prior to that, she was in a private pediatric practice and pediatric urgent care center in Louisville, KY.

In 2013, Dr. Simha was named medical director for General Inpatient Services at Dayton Children’s. Previously she was the medical director for the Children’s Urgent Care Center in Springboro for two years. Prior to that, she was in a private pediatric practice and pediatric urgent care center in Louisville, KY.

Dr. Simha has been a member of the planning committee for the UD/Miami Valley Health Care Symposium for the past two years. Her involvement has been instrumental in expanding the role of Dayton Children’s in the UD/Miami Valley Healthcare Symposium. Dr. Simha enjoys spending time with family, cooking and traveling. She is involved in many commu- nity projects outside the hospital. Currently, she is collaborating with a team of physicians to begin a Global Health experience for medical students at a pediatric institution in India.

In April 2013, Dr. Simha received the Joseph E. Scherger, M.D., MPH-Leadership in Medicine Award, which is presented to a graduating premedical student who has demonstrated leadership toward improv- ing the health of the public through better healthcare.

Glenna attended Michigan State University College of Human Medicine.

Congratulations Award Winners!