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Premedical Programs Newsletter, November-December 2017

University of Dayton

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Student Spotlight

"If you pay attention in class, it is easier to learn [the material] the second time"

-- Kenan Bakri

Kenan Bakri, a current senior premedicine and medicinal chemistry major who hails from Centerville, OH, is one of three UD students who scored in the 99% percentile on the MCAT this past year.

Kenan prepared for the MCAT by sticking to a self-designed study plan. He used books provided by testing services, took practice MCATs, and used the Ready4 MCAT app on his phone to review the material. He found his basic sciences courses, biochemistry, physiology, microbiology, genetics, and analytic chemistry helpful. He also wishes that he had taken physical chemistry prior to taking the MCAT because he found it to be a good review of general chemistry.

Kenan is an avid reader of history and enjoys many activities such as soccer, martial arts, archery, and anything outdoors.

Reflecting on his passion for medicine, Kenan said, "what drew me most to the medical field is my background as a Syrian. Seeing war... unfold over the past... years made me want to do something to help people who are suffering from war, poverty, and famine, and I felt medicine was the best way to do so."

Kenan is most proud of his volunteer work at Reach Out Montgomery County clinic because it allowed him "to help those in need and learn a lot about the medical profession."

National Collegiate EMS Week is Nov. 13th - 19th.

UD EMS presents National Collegiate EMS week; a week-long recognition and celebration of campus based EMS! Collegiate EMS week provides an opportunity for campus-based EMS organizations to highlight their activities and educate their communities. Look out for numerous events from UD EMS including KU Table Hours, meet & greet with the members, FREE CPR & First Aid classes, Careflight landing, and Dayton2Daytona raffles! Contact Riley at publicrelations.udems@gmail.com for information or visit https://udayton.edu/publicsafety/ems/squad/emsweek.php.

World Antibiotic Awareness Week Panel is Nov. 16th.

A PATH-eligible event to raise awareness in the Dayton community about the growing consequences of antibiotic resistance will be held on Thursday, November 16th from 7:30-8:15 pm in SC 114. Panelists will include a medical doctor, a UD microbiology professor, and community representatives who raise or sell antibiotic-free meat. They will share their views on the antibiotics and answer questions from the audience. This event is open to all UD students, faculty, staff, and the general public. For more info or questions, contact Caroline Lynch at lynchc11@udayton.edu.

FAST FACTS

2 MILLION EACH YEAR people in the United States who become infected with bacteria resistant to antibiotics

23,000 EACH YEAR deaths occur in the United States due to these infections


BE PART OF THE SOLUTION.
Summer Health Professionals Education Program (SHPEP)

SHPEP provides students interested in healthcare careers academic enhancement and professional development opportunities. Free six-week summer programs are available to students who meet specific criteria such as being a first year or sophomore at the time of application, a minimum 2.5 GPA and a US citizen, permanent resident or DACA status who identifies with an underrepresented group in the health sciences. More information is available at www.shpep.org. Applications open Dec. 1st.

University of Cincinnati ROSE Program

Sophomores and Juniors! If you are a resident in Ohio, Kentucky, or reciprocal and metropolitan counties in Indiana, consider applying to the University of Cincinnati Rose Program. The Rose Program is a combination internship, mentorship, and early acceptance to medical school. The program is called ROSE because program participants actively explore the field of medicine through Research, Observation, Service, and Education. Applications open Nov. 8th and the deadline is January 23rd. Interested? Visit https://med.uc.edu/rose/apply for more information and to apply.

Summer 2018 Opportunities

Summer Undergraduate Research Fellowship (SURF) programs are offered each summer at many medical/graduate schools such as the University of Cincinnati and Ohio University Heritage College of Osteopathic Medicine. More info on the UC and Cincinnati Children’s SURF program can be found at http://med.uc.edu/SURF. Other opportunities exist to explore careers in biomedical research, pharmacology, or public health. Individual programs vary in terms of requirements and due dates so check individual programs. Most applications are currently open and have closing dates throughout the early spring with dates ranging from January through March, 2018. Apply early! Details for some programs are posted on the Premedical Programs website under the Department Resources link as Summer Research Fellowships.

Not-so-fit 5 K on Nov. 4th
10 am - 11 am at the UD RecPlex

The Bill’s Not-So-Fit 5K is a fun opportunity to raise money for Dayton Children’s Hospital and Miracle Families in our community! Receive a donut hole for every mile you run or walk, a full donut when you cross the finish line, and the satisfaction of knowing you’re directly helping kids in our area that need it the most! Cost is $15 per person with discounted fees for groups. Largest group registered will get a pizza party! Other prizes available for top 5 finishers. Contact umiram-cle@gmail.com with any questions about the event. Register online through ORG SYNC at: https://orgsync.com/91444/events/20997934/occurrences/5025845

Premier Health Hospital Observations

Spring opportunities will be available for Juniors and Seniors in the application process to shadow healthcare teams in five different departments at Miami Valley Hospital and in the Operating Room at Miami Valley Hospital South. More details and required paperwork can be found at the Opportunities and Activities link on the premed.udayton.edu web page (click on Hospital Observation to access information and documents).

OR shadowing also requires a separate mandatory orientation at Miami Valley South. Two orientation sessions are planned for January 2018. Please obtain your flu shot prior to attending and submit your paperwork along with your job shadow application to the Premed Office.

E-mail Debbie Fagan at ddfagan@premierhealth.com to register for either date:
• Tuesday, January 16th at 4 pm
• Monday, January 22nd at 4 pm

Contact Dr. De Beer at mdebeer1@udayton.edu if you have questions about paperwork.

Premier Health PA job shadowing is jointly coordinated with Pre-PA club and AED. Contacts are Marisa Spoltman at spoltmann2@udayton.edu (Pre-PA) and Lauren Hoody at hoody11@udayton.edu (AED).

Featured Presentation

The 2017 Schuellein Lecture in the Biological Sciences entitled, “Embracing Complexity: Enabling the Convergence of Biological, Physical, Mathematical and Engineering Sciences to Create a New Generation of Biomedicine,” will be presented by Dr. Anna Barker on Thursday, Nov. 30th at 4 pm in SC 114. A reception will immediately follow the seminar. Dr. Barker is a well-renowned researcher recognized for her contributions to cancer research and professional advocacy organizations. As co-director of the Complex Adaptive Systems group at Arizona State University, Dr. Barker is a leader in developing and implementing innovative models directed to solving biomedical issues.

Health Professions Week Nov. 6 to 11, 2017

Health Professions Week (HPW) is a FREE event for students interested in learning more about careers as health professionals. During HPW, which is from Nov. 6th to Nov. 10th, students will have opportunities to:
• explore 19 different health professions during a virtual fair and online treasure hunt
• hear from a diverse group of health professionals about their chosen professions and how they are making a positive difference in their communities

Visit explorehealthcareers.org/hpw to register and learn more.
Global Brigades Fundraising Events

Support Global Brigades by participating in the 5K Turkey Trot on Nov. 18th @ 10 am. It is a run/walk event on UD’s 5K map starting outside UD’s RecPlex. Register on-line at: https://secure.touchnet.com/C20221_ustores/web/store_main.jsp?STOREID=98. Registration is $10 for UD and $12 for non-UD. The best turkey costume wins a grand prize! Each participant will automatically receive 1 raffle ticket for a chance to win gifts cards ranging from $10-50 in value. Register BEFORE Nov. 11th to receive 2 raffle tickets.

Coffee and Baked Goods Sale

Wednesday and Thursday mornings, Central American coffee and baked goods are available for purchase in the Science Center Lobby from 7:45 – 11 am. Cost for a cup of coffee is $2. One pound bags of coffee grounds are also be available for purchase.

Graduate School Exam Prep Courses

• ALTUS TEST PREP will host an informational session on Nov. 7th at 8 PM IN SC 114 and plans to offer in-person classes from 1/22 to 5/4 -M/R- 8 to 10:30 pm. Contact Lizabet Wareham at elizabethgracew@gmail.com or (937) 239-5676 for more information or visit altiusprep.com.

• KAPLAN offers a number of events to help you prepare for graduate school entrance exams. Some student organizations have partnerships with Kaplan which would allow a 10% discount to members. To find courses offered close to UD or on-campus go to www.kaptest.com. Select your exam and enter 45469 as the zip code. Also find information about additional events such as practice tests at kaptest.com.

The price for in-person MCAT Courses that will be held on campus is $2499. Several courses are planned for the spring with varying start dates in January, February, and May. The courses planned for January and February start dates are:

1/20 to 4/28 - Sat. 10 am to 1 pm
1/21 to 3/7 - Sun. 2 to 5 pm, W 6 to 9 pm
2/8 to 3/29 - T/R 6 to 9 pm
2/12 to 4/2 - M/W 6 to 9 pm

The price for in-person DAT courses that will be held on campus is $1499. DAT courses are planned for the following dates:

1/17 to 4/11 - W 6 to 9 pm
4/3 to 5/11 - T/R 6 to 9 pm

Contact Lauren at hoody1@email.udayton.edu with questions and for information on GRE and other graduate school exam prep.

• UNIVERSITY OF CINCINNATI is offering an online Winter 2018 MCAT prep course. Registration opens Nov. 1st and cost is $800. Course runs from 1/20 to 4/7. Classes take place on Tues./Thurs. 6-9 pm and a few Wed. 6-9 pm. Unlimited access to the recorded lectures and instructor Powerpoints, which means you don't need to be on-site for all lectures. Sign up at www.med.uc.edu/MCAT. e-mail hs2md@uc.edu for more information or questions.

• WRIGHT STATE plans to offer an in-person MCAT prep course using the Exam Krackers materials in the spring 2018, depending on student interest. Cost will be $600. The course needs a minimum of 10 students to run. Check the following link for course details, structure and the "interest" button: https://science-math.wright.edu/pre-health-program/mcat-prep-course.

Spring Application Workshops

Applying to health professional school this coming year? Attend a workshop about the application process, including how to get your letters of evaluation. Two sessions will be offered, covering the same material. Sessions held in SC 114. Attend only one:

• 1/23 from 6 to 7 pm
• 1/24 from 5 to 6 pm

Bolivia Summer Immersion

"Doing More with Less: Healthcare Delivery in Tarija, Bolivia" - a medical immersion program sponsored by UD Premedical Programs in conjunction with Children and Family Health International (CFHI) will be offered for the first time in May 2018, with anticipated travel dates of May 7-20, 2018. This pilot program is open to 25 students. The application is currently open and can be found on-line at http://studioabroad.udayton.edu/. Applications submitted prior to Nov. 30 will get priority with acceptances announced by Dec. 8th. Applications will be accepted until Feb. 1st as space permits. For this year’s program, students are asked to register for the REL 367 section taught by Dr. Nancy Romer. Students who have already completed REL 367 or are unable to take the course in the spring are still eligible to participate in the program. The program also requires beginner level Spanish competency. Students will be required to take SPN 101, SPN 131, or SPN 141 in Spring 2018 or demonstrate beginner level competency through a placement exam offered by the UD Languages Department.

"Eat Wings. Raise Funds." On Nov. 29th from 11 am to 11:30 pm bring the corresponding “ticket” flyer (included in an e-mail attachment) to Buffalo Wild Wings at 1900 Brown Street. Present the “ticket” to your server to ensure the amount of 10% of your bill will be donated to the UD Global Brigades’ fundraising efforts.

Contact Sam at ciconetts1@udayton.edu for any questions about fundraising events for UD Global Brigades.

University of Cincinnati is offering an on-line Winter 2018 MCAT prep course. Registration opens Nov. 1st and cost is $800. Course runs from 1/20 to 4/7. Classes take place on Tues./Thurs. 6-9 pm and a few Wed. 6-9 pm. Unlimited access to the recorded lectures and instructor Powerpoints, which means you don't need to be on-site for all lectures. Sign up at www.med.uc.edu/MCAT. e-mail hs2md@uc.edu for more information or questions.

Wright State plans to offer an in-person MCAT prep course using the Exam Krackers materials in the spring 2018, depending on student interest. Cost will be $600. The course needs a minimum of 10 students to run. Check the following link for course details, structure and the "interest" button: https://science-math.wright.edu/pre-health-program/mcat-prep-course.

Applying to health professional school this coming year? Attend a workshop about the application process, including how to get your letters of evaluation. Two sessions will be offered, covering the same material. Sessions held in SC 114. Attend only one:

1/23 from 6 to 7 pm
1/24 from 5 to 6 pm
Congratulations to the following students on their admission to health professional schools!

- Taylor Balk (BIO) Rosalind Franklin U of Medicine and Science, U of Illinois COM, Wright State U Boonshoft SOM
- Mark Bugada (EEP) Ohio U Heritage COM, Marian U COM
- Julie Cowan (MED) Marian U COM
- Katherine Gross (MED) Ohio U Heritage COM
- Julianne Haney (MED) U of Toledo SOM, Wright State U Boonshoft SOM
- Caroline Lynch (MED) U of Cincinnati SOM
- CJ Moellerling (BCM) U of Louisivlle SOM
- Alvin Newman-Caro (MED) U of Incarnate Word SOM

- Ada Pariser (MED) U of Lousivlle SOM, U of Pikeville KYCOM
- Lydia Payton (MED) Ohio State U COM, St. Louis U SOM, U of Cincinnati SOM, U of Kentucky COM, U of Louisivlle SOM
- Julia Ripepi (EEP) Mercyhurst PA program, Ohio Dominan PA program
- Katie Rizzo (EEP) U of Pikeville KYCOM
- Logan Roebke (MED) U of Toledo SOM
- Ben Schmeusser (MED) Wright State U Boonshoft SOM
- Marisa Spoltman (MED) Kettering PA program

Please share the news of your acceptances so we can keep an accurate and current list. Thanks!

Premedical Programs Seminar Series
Join us Friday afternoons to hear presentations from speakers from health professional schools. Talks will be held at 3:30 pm at SC 114.

- November 17: Ms. Susannah Turner, Interim Director of Admissions, The Ohio State University College of Dentistry
- December 1: Ms. Emily Rawers, Admissions Operations & Special Programs Director, University of Cincinnati College of Medicine