

Jul 17th, 1:30 PM - 2:30 PM

Developing Emotionally Intelligent Student Leaders

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Session title

Developing Emotionally Intelligent Student Leaders

Brief description of session to include in conference schedule booklet (up to 150 words)

It is becoming increasingly clear to educators and employers that 21st-century leaders must have emotional intelligence to be successful. Leaders with emotional intelligence—the ability to recognize, understand, and manage one’s own emotions and the emotions of others—are able to understand themselves and listen to others not only at the surface level, but at a deeper, less visible level that requires a mindful awareness. In this session, we will share specific ways we have implemented emotional intelligence development into the University of Saint Francis’ student leadership program, and we will invite others to share ways they have done so at their institutions.

Connection to conference theme: "Taking Flight: Developing Leaders for the Common Good" (up to 150 words)

This session on developing emotionally intelligent leaders at Catholic institutions is rooted in our objective to develop graduates who will be commissioned out into their local and global communities to lead, serve, and transform the world around them as they respond to their vocational calling. We view the concept of emotional intelligence and the Catholic tradition of vocational exploration as being in-step with one another, which is why graduates of Catholic institutions ought to be uniquely prepared to lead from their values and consciousness of self, others, and context within an increasingly complex global society.

Promotion of the "Principles of Good Practice for Student Affairs at Catholic Colleges and Universities"

Our session will promote Practice #8. The principles of emotional intelligence align with the practice of vocational exploration in that both are rooted in developing self-awareness, understanding and dignifying the full personhood of others, and understanding one’s place within his or her context and a global society.

Presentation outline, format and method of delivery (up to 150 words)

- Overview of Emotional Intelligence
 - Definition of Emotional Intelligence (Shankman, Allen & Haber-Curran)
 - Consciousness of Self
 - Consciousness of Others
 - Consciousness of Context
- Emotional Intelligence and Vocational Exploration
 - Explanation of the context of USF Mission and Values aligned with EQ
- Implementing Emotional Intelligence Development into USF's Student Leadership Program
 - Learning Outcome & Assessment
 - Retreat
 - Workshops
- Sharing & Discussion: What are ways your institution is implementing emotional intelligence development in student leadership formation?

Intended audience (professionals new to Catholic Higher Education, seasoned professionals, all, etc.)

All