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Voices Raised, Issue 19

University of Dayton. Women's Center

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Women's Center

UNIVERSITY of
DAYTON

March 2008

Issue 19

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Women's Center

Alumni Hall, 2nd Floor

9 a.m. - 10 p.m.

Monday - Wednesday

9 a.m. - 5 p.m.

Thursday - Friday

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womenscenter.udayton.edu

Striving to promote equality, understanding, and mutual respect and to foster a strong educational community.

Looking Back, the First 25 Years of Women Students at UD, 1937-1962

Betty (Bhringer) Perkins laughs when she remembers her classmates' antics in UD's women's lounge in the 1940's, causing the Dean of Women to storm in from across the hall.

"We'd listen to records and play bridge," Perkins said. "There was one record called 'The Stripper,' and the chorus went 'take it off, take it off.' The Dean of Women would run over when she heard that."

Perkins, 1943 graduate and history major, belonged to the fifth class of women to go through UD. It was after the closing of the campus's College of Women (which had first admitted women in 1935) that females were admitted in 1937.

Common studies were secretarial, English and physical education but anything was allowed to be studied, with the first female pre-med and engineering majors joining in 1938. Perkins said women



Fiel, Krebs, Aylstock, Stoecklein
Buchanan, Houston, Seigle, Spittler, Young, Welhener
Graziano, Sachs, Weckesser, Eck, Lehman

1937 Sophomore (women) Class yearbook photo

were well-received but there were definitely exceptions.

"At least one math teacher didn't think girls had the brains," Perkins said.

Grace Wolff-Moran helped break tradition in her own way, being the first pregnant woman to attend UD. She asked for permission to enroll so her husband could carry out his dream of running for public office.

"I'm a real go-getter," Wolff-Moran said. "We won even though we were in a Republican precinct and he was a Democrat."

Along with keeping house and caring for children she had received straight A's, a bachelor's degree in biology in 1941 and a master's degree in English in 1949.

As Moran was leaving UD for the first time, UD's

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Women's History Month is Here

With each new day a million different opportunities arise to celebrate the accomplishments of women. From the female professional leading a high-powered, corporate meeting to the busy mom organizing carpools and making lunches, women continuously demonstrate that they are a vital component of society; a necessary and powerful instrument in domestic, corporate, and

cultural success.

Recognizing the need to acknowledge the historical progress of women and celebrate their many achievements, the University of Dayton's Women's Center once again joins in the work of the National Women's History Project to dedicate March as Women's History Month. With the help of various student organiza-

tions and academic departments, the Women's Center will provide the campus with multiple opportunities to not only hear the story of women throughout history but also learn about the challenges facing women on national and international levels.

The month's activities:

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What's Going On?

Women's History Month Events

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The multiplicity of events offered during Women's History Month all serve to highlight the important role that women have played and continue to play throughout history. "History is the story of the white male, says Pattie Waugh, Senior Administrative Assistant and Women's History Month Committee Coordinator at the Women's Center,

"The speakers and events we bring in help women to rewrite history and move it forward, creating an environment of equality between women and men."

Katie Zabriskie
Senior

English, Religious Studies

March 1:

Annie T. Thornton
Women's Leadership Conference. This year the conference, which seeks to promote discussion about issues facing women in all aspects of daily life, will center upon the theme of "Building a Strong Foundation." The conference sets the stage for a month filled with guest speakers who bring a strong message of female

empowerment with their own stories of personal accomplishment.

March 3:

Dr. Bettina Aptheker
A noted author and professor of Feminist Studies and History at the University of California, Santa Cruz, will discuss the connections between historical movements for justice and one's own personal story.

March 4:

AWE Malawi Panel
The Malawi presentations, which are hosted by the student group AWE (Advocates for Women's Equality), will focus specifically on micro-credit programs which seek to not only raise the economic status of women globally but permanently better their sense of self-worth and independence.

March 7:

Dr. Vivian Pinn
Director of the Office of Research on Women's Health at the NIH will discuss the challenges facing women in the scientific field.

Women's Advocacy Dinner

For the 3rd consecutive year, AWE is also hosting the Women's Advocacy Dinner which draws attention to the issues that continue to face women both locally and across the globe. The dinner is open to the public with the purchase of tickets,

raises money to fund the empowerment of African women.

March 6-8:

33rd Annual Richard R. Baker Colloquium in Philosophy
Dr. Sally Haslanger, a noted scholar and Professor of Philosophy at M.I.T, will join several female speakers seeking to approach the issues of gender and race from a philosophical paradigm.

March 8:

Women's Center Scavenger Hunt
To learn UD history and have fun with Little Sibs, ending with a pizza party!

March 9:

This is Her Story
This is Her Song
Music by African American Women Composers. Performed by Dr. Donna Cox for this Faculty Artist Spring Concert.

March 11:

"You the Man"
A one-man play which specifically addresses men in its discussion of relationship violence.

International Women's Day Faculty Exchange Series
The Faculty Exchange panel, cohosted by the Women's Center and the Center

for International Programs, will allow UD's international faculty to discuss the challenges, differences, and often humorous occasions that characterize their experiences in the United States.

"Women and Religion: A Holy Alliance"

Spend time with a panel of lay and ordained men and women who re-define what it means to be female and religious.

March 26:

Presentation of The Miryam Award
The Miryam Award is given annually to a person or group that has enhanced the climate for women and their work on campus.

March 27-30:

UD Monologues
The UD Monologues displays the talents of 15 UD students performing an array of original monologues with comic and dramatic themes.

March 28:

Take Back the Night Walk
An evening dedicated to raising awareness of violence against women and sexual assault, while creating a supportive environment for expression and empowerment.

For a complete list of events along with times and locations visit:

womenscenter.udayton.edu/programs/womenshm.asp

Women's Center Profiles

O'Rourke Award Honors Two Outstanding Seniors

The University of Dayton is nationally recognized for its commitment to promoting community and service on campus. The foundation of these values lie within UD's Marianist heritage: a legacy advocating holistic development of faith and knowledge through personal experiences.

Dedicated student leaders animate these values in their everyday lives, seeking out opportunities to learn, lead, and serve others in this spirit. The university formally recognizes those students that fully embody these ideals and values through the Maureen O'Rourke Marianist Student Award.

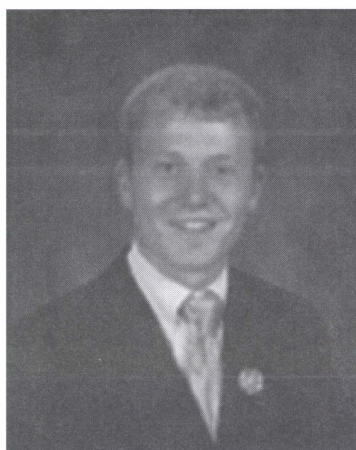
Commissioned in 2005, the award honors a graduating senior who exemplifies Marianist charism, service, and leadership at UD. Marianists on campus and

members of the Rector's Council nominate such students. This year, however, the award was imparted to not one, but two outstanding seniors: Gary Motz and Dani Kusner. The joint presentation of the 2008 award recognizes the balance these two different students bring to the UD community with their complementary contributions in initiating the Marianist charism on campus.

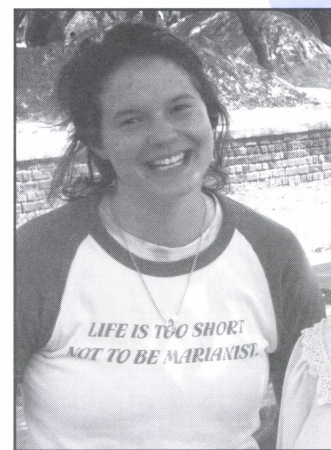
A Biology and Geology major, Motz was drawn to UD for its "commitment to education of the whole person." Inspired by the Marianists' challenge to reach out to others, Motz is a Chaminade Scholar, lives in a Marianist Community on campus, and is involved in many other activities at UD, including Catholic Life and serving as president of Club #6.

Kusner pursues a General Studies major concentrating primarily on Sustainability with additional coursework in Women and Gender Studies and Human Rights. In winter of 2006, she completed a semester of service at the Dakota Center. After

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Gary Motz



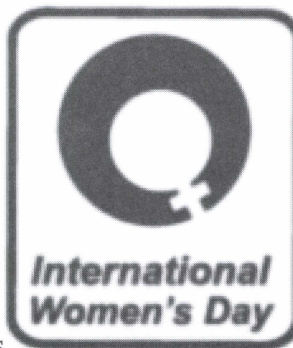
Dani Kusner

Amy Anderson taking the Reins for International Women's Day at UD

March 8, 2008, is International Women's Day which is an occasion marked by women's groups around the world. In many countries this day is designated as a national holiday and is also commemorated at the United Nations (UN). Women come together, even those that are divided by national boundaries and political, ethnic, and linguistic differences, to look back on and celebrate nine decades of struggle for peace, equality, development, and justice.

Amy Anderson is coordinating the event at UD. She makes sure that time, space, food, and any other resources are available for the International Women's Day event that is to be held on campus.

Anderson explained that for the University of Dayton, International Women's Day grew from collabora-



tion between the Center for International Programs and the Women's Center for Stop Hate Week back in 2006. During that week the two centers held a program called the "Intercultural Speed Meet" which

was set up like "speed dating" but participants spent time learning about someone from a different culture. It was a great success. The Women's Center

and the Center for International Programs had enjoyed working together and found other ways to collaborate for International Women's Day.

Amy Anderson now has the major role of coordinating the International Women's Day at UD with the help of fellow faculty, staff and students.

"At UD we decided to celebrate with a variety of programs during Women's History Month (March) such as

Continued on P.7

Health & Wellness

Page 4

Penis Envy? No Thanks!

Women's History in the field of Psychology

What is the first thought that comes to mind when you hear the word "psychology"? Some may think of Sigmund Freud, others might envision Kleenex, and how can we forget about Dr. Phil? Unfortunately, though, many people are not aware of the many contributions women have made to the field of psychology.

For example: Anna Freud. She is the daughter of Sigmund and, more importantly, the founder of child psychoanalysis. Although Anna ascribed to many of her father's theories and tenants about human behavior, she is well-known for her teaching skills and influence on treating children within therapy. What Anna did with children, Karen Horney applied to adults. Karen was also a famous psychoanalytic psychologist, most known for her contributions to the understanding of self-theory, feminism, and an updated understanding of psychoanalysis and traditional Freudian views. Karen redefined Sigmund Freud's well-known concept of "penis envy" as a woman's justified envy of men's power in the world. Right on, Karen! Similar to Anna Freud, Natalie Rogers is the daughter of another famous psychologist (Carl Rogers) and is better known for her influence on art therapy and infusing creativity into the practice of counseling.

There are countless other women within history who have drastically shaped the field of psychology. Currently, and on this very campus, there are also women within psychology making dramatic and useful differences in students (and others) lives, albeit in the classroom or therapy office.

We are all fortunate to have these women on campus serving our students. If you need proof, call the Counseling Center (229-3141) to arrange an appointment and see for yourself!

Stephen Large, PsyD
Counseling Center

Ask The Doc

***I've thought about becoming a vegetarian...
Is this a good idea?***

Well, it depends. Some people go veggie for ethical reasons: to better feed the world by decreasing our meat consumption, or to preserve the lives of animals. These reasons stand on their own merits.

If you wonder if it is healthier than a diet that includes meat, the answer is yes and no.

Americans in general eat too much fat and not enough fruits, vegetables and whole-grains. Most vegetarian diets supply the latter, but can also easily have too much fat if lots of whole-fat cheese, eggs and nuts are used for protein. And meatless diets tend to be low in iron, zinc and some B vitamins, so if you plan to avoid ALL animal products, extra care must be taken to include these nutrients and get adequate good-quality protein daily.

If you also do not intend to eat or can't tolerate dairy, then you have to be careful to get other sources of calcium too. If you intend to go totally veggie, make sure to read about it first or talk to a registered dietitian

Also, if you're interested, here is the information on a local group with an interest in vegetarianism:

vsgda@yahoo.com
Vegetarian Society--Greater Dayton (OH) Area
P.O. Box 750742
Dayton, OH 45475-0742
(937) 885-1432

- Dr. B

"Ask the Doc" is a service of the University of Dayton Health Center. If you have any questions that would be of general interest, please send them to:
askthedoc@notes.udayton.edu
This e-mail is NOT checked daily. Do NOT send personal or emergency questions; please come to the health center or dial 911 for emergencies! This service is not intended to replace a visit with a physician

The Women's Center Grows in Resources



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Do you really know what the Women's Center is or what the center can do for you?

The Women Center, despite the name, is open to all students and members of the UD community. In its mission statement, the center states that it is

"an educational space that enhances the climate for men and women on campus."

The center offers a variety of services which range from providing a safe place to talk to providing space for meetings. Meetings can be held in the Women's Center free of charge, however, it must be reserved in advance and is based on a "first come, first serve" basis.

While the Women's Center staff are not counselors, they are more than happy to lend a listening ear for those who need to talk. The center offers support and connections to services for victims of sexual assault, and other forms of abuse.

Housed within the center there is a lounge, resource center, and art of women on display. In the resource room are books, and videos on a variety of women's is-

sues.

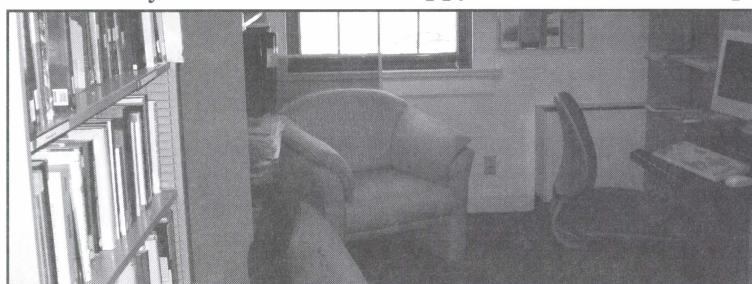
Pattie Vaughn, a member of the Women's Center staff, said that the center is very proud of their collection. "We started with five books, now we have almost 800." The small library is self check out; all that is needed is a student I.D. and all of the materials are viewable through the Roesch Library online catalogue

The Women's Center is happy to have visitors, drop

in sometime. You will be glad you did and you might learn something!

The Women's Center is located on the second floor of Alumni Hall. The center is open until 10 p.m. on Mondays, Tuesdays, and Wednesdays. It is open until 5 p.m. Thursdays and Fridays, and closed on the weekends.

Charity Smalls
Senior
Journalism, Psychology



Inside the Women's Center Resource Center

The UD Woman, 1937 to 2008

Imagine taking curlers out of your hair and spending twenty minutes applying make-up. Removing an outfit from the drycleaner bag and stepping into dress pumps that match your handbag perfectly. Going to the prom? A formal wedding? If it was 1936 you would be ready to attend class at the University of Dayton.

Visits to campus archives reveal a fascinating photographic history of UD women in the 1930s and 1940s. The "sameness" of personal styles in that era was striking. By comparison, today's UD woman is free to define her own personal style from among almost limitless choices. Freedom to dress up or down; to wear jeans, skirts, or pajama bottoms; to style our hair in any way, or not at all.

Dick Ferguson, executive director of the Fitz Center for Leadership in Community, said that the UD Heritage Center "shows that UD's history is part of a continuum, that the past is connected to the future. We owe it to ourselves as a University community to say that what we inherited is largely the product of many generations of good work before us."

Freedom to choose. Not just wardrobe and hair styles. Careers. Lifestyles. Even our names. Yes, indeed, honor the past. But remember, we've come a long way, baby!

Jeanne Zeek
Administrative Assistant,
SBA Dean's Office



Marijane Spittler, 1st Class

Voices Raised

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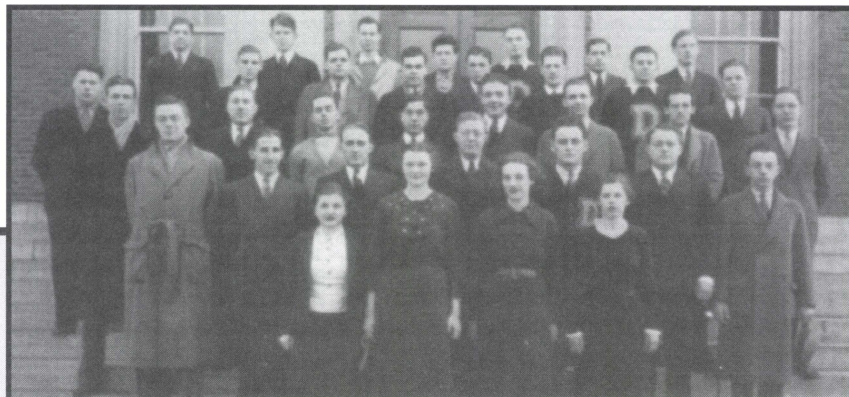
UD Women 1937-1962

CHEERLEADERS

Chapin, Strasser, Doonan, Fine.
Daughters, Hempelman, Weckesser.



1938



MUNICIPAL ACTIVITIES BUREAU 1936



Student Council 1947



1946



First women students at UD

continued from P.1

priorities began to change.

"We were there during a serious time," said Margaret R. Carroll, 1945 graduate and biology major. "We didn't know whether the people we were in class with would get drafted."

Women seemed to be needed more than ever. When Publicity Director James Connelly was called to service for WWII in '43 Betty Mayl was there to replace him. And when service men were looking for fun, UD women opened The Flyers' Hangar, a Saturday evening canteen at the Loretta.

The Loretta, a boarding house located downtown, served as a living commu-

nity as well as a social spot. At first, only females who lived near Dayton or stayed with in-town family members could attend UD. When nuns opened the Loretta it made the school accessible to out-of-state females.

Without dorm rooms on campus, female students spent most of their time between classes in the women's lounge. Perkins believes women were luckier than the "townies," which were the men who commuted to school, since they had no place to go during the day. She met some of her best bridge-playing friends there, with whom she still plays a few games a month.

Sally Martino, 1955 graduate

and English major, said that popular weekend activities were dances and watching football on Saturday afternoons at Baujan Field.

"We had a lot of parties," Martino said. "Some of the most fun was standing around the piano singing drinking songs."

Some events even took her a few states over, like when she traveled with friends to Madison Square Garden and to Chicago to see UD play in the NIT and NCAA basketball tournaments.

"You didn't have to worry about everything you do now," Martino said. "But my husband said a lot was going on that I was oblivious to."

From trips to NYC to playing cards in the women's lounge, the first 25 years of women at UD brought a lot of changes to the campus and female students' lives. They saw shifts in fashions, rules and perceptions, but one sentiment expressed by Carroll seemed to stay the same through the past 71 years. She said, "Truthfully, I can say I enjoyed my time there."

*Jennie Szinck
Junior
Journalism*

O'Rourke Award recipients

continued from P.3

having spent this past summer in Africa working with a women's empowerment program in Karonga, Malawi, Kusner is currently working on an undergraduate thesis exploring first and third world feminism in combination with economic and racial issues.

Kusner and Motz have known each other since sophomore year and are both involved as Marianist Fellows, a group on campus engaged in service, learning, and growth in the Marianist

spirit. "Gary and I definitely complement each other's personalities," says Kusner. Gary agrees, acknowledging that "I'm very practical in my approaches towards serving others, while [Dani] is more laid-back."

When asked what goals focus their contributions to UD's campus climate, Motz and Kusner both emphasize the importance of keeping alive a strong sense of community and dedication to serving others. They recognize the importance of get-

ting students excited about change, promoting enthusiasm and in serving others daily.

Gary stresses that "I'd like the campus to recognize that the Marianist spirit is available for everyone—not just the religious priests, brothers, and sisters, but to all of the faculty, staff, students and the entire city and community of Dayton." Kusner strives to promote unity among student-led groups, encouraging dialogue to bring understanding and

tolerance to campus. She is driven by "faith and hope in something bigger than myself."

The O'Rourke Award truly acknowledges Kusner and Motz's inspiring commitment to four years of fostering the Marianist spirit at the University of Dayton. With this award, they will designate \$500 towards a campus organization or charity of their choice.

*Anna Heink
Junior
Biology, Psychology*

International Women's Day

continued from P.3

hearing from women in our faculty who came to American to pursue educational and professional goals and the struggles of adjusting to the American culture,

language, etc. they encountered. Another program was breakfast with a group of women students who completed a semester of service among Zambian village

women. Programs like these keep women connected to the idea that gender issues are global in nature," said Anderson.

*Amanda Pryor
Freshman
Premedicine*



From the Director's Desk

A phone call from the parent of a UD student got me thinking once again about a topic that's been on my mind for awhile, but particularly since I too became a UD parent. The question is, what role can parents – and other caring faculty and staff – play in examining and perhaps challenging those aspects of UD student life that are unhealthy and even dangerous.

The parent who called was most concerned about the behavior of other parents she'd witnessed during last fall's Parent's (now called Family) Weekend. She talked of accompanying her underage student to a typical Ghetto party and being appalled at seeing parents openly abusing alcohol by participating alongside students in party games while other parents either actively encouraged the imbibing parents or, in some cases, looked on uncomfortably but didn't do or say anything. She wondered if there were other parents who, like her, knew of parents bringing alcohol

into residence halls (even during move-in weekend for first year students) and witnessed questionable behavior on Family Weekend, and wanted to speak out about it.

I assured her that she wasn't alone – that indeed some parents, as well as many faculty and staff, shared her concerns. Some even cared enough to try to find ways to make their voices heard.

I gave her contact information for Residence Education staff who work on these issues and assured her that they would welcome her concern and will-

ingness to get involved. For myself, I recommitted to finding productive ways to challenge some of these same issues. I can serve on committees and student hearing boards. I can write to the Flyer News. I can request meetings with student leaders and support those activities that help build healthy communities of UD students. You can do those things too, if you care enough to get involved.

Lisa Rismiller
Women's Center Director

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