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## Voices Raised, Issue 28

University of Dayton. Women's Center

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# Voices Raised

The UD Women's Basketball team made a trip to the NCAA tournament for the first time in school history.



See what the women have to say about their experience on page 6.

## Women's Center

Alumni Hall, 2nd Floor

9 a.m. - 10 p.m.  
Monday - Wednesday  
9 a.m. - 5 p.m.  
Thursday - Friday

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## The L.E.A.D.E.R. Consortium's Support for Women Faculty

"Launching Equity in the Academy across the Dayton Entrepreneurial Region (LEADER) is the acronym for a collaborative effort between UD, Wright State, Central State and the Air Force Institute of Technology (AFIT). Funded by a National Science Foundation ADVANCE Institutional Transformation Grant, the LEADER consortium was formed to address "the under-representation of women among academic STEM (Science, Technology, Engineering and Mathematics) faculties." Recognizing that "many of the issues that have been recognized nationally as important to women in STEM disciplines - issues of recruitment, retention, and climate - present persistent challenges in Dayton's regional universities", the consortium seeks to "apply models and methods from social science to improve the climate for STEM women at levels ranging from the individual to the unit and the institution."

To achieve NSF ADVANCE objectives - gender equity in recruitment, retention, tenure and promotion of STEM women faculty - the Dayton region's LEADER consortium will:

- Conduct a comparative, cross-institutional analysis of climate for STEM women and identify best practices
- Initiate education and a campaign to facilitate the implementation of those best practices within the four institutions
- Build relationships across the consortium to promote transparency and accountability for the transformation of the climate for STEM women



UD's Steering Committee is led by Dr. Malcolm Daniels (ENG). Drs. Jayne Robinson (BIO) and Peggy DesAutels (PHIL) are also key players. In addition, the Committee includes two "equity advisors"

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# What's Going On?

## This year's Miryam Award Recipients

Established in 1996, the Miryam Award is given by Campus Ministry's Center for Social Concern as a way to recognize the efforts of individuals who attempt to change the atmosphere and the potential for women's achievements at UD.

### Grace Crivello

As most students at the UD know, service is a key aspect of our time spent on this campus. Grace Crivello, one of the 2010 winners of the annual Miryam Award, has taken on this mission, making it a key part of her time here at UD.

A senior Political Science and Women's and Gender Studies (WGS) double major, Crivello went to high school in Kettering and it was there where her interest in women's studies started. Senior year of high school she was elected president of the Women's Issues Club and invited Dr. Sheila Hughes, director of WGS at the time, to speak at a club meeting to inform her peers of common issues facing women today. After entering UD as a Political Science major, Crivello joined the Women's Leadership house and, after a year of guidance from Ione Damasco, met Dr. Rebecca Whisnant. Whisnant took over the WGS program in 2008 and encouraged Grace to declare a second major in Women's and Gender Studies.

"She [Whisnant] was the type of courageous person that I wanted to be when I grew up to be a scholar and an activist," Grace said. "She was the one who got me to declare the major." In addition to Damasco, Whisnant, and Hughes, Crivello was nominated by Patricia Waugh. Waugh, programming coordinator for the Women's Center. "I am very grateful to all four of these women for helping me on this journey, even though I could not have predicted ending up here!"

Crivello first heard about the Miryam Award last year when Dr. Hughes, the same professor who spoke at her high school during her senior year, won the award. After that, she realized how important the award was in recognizing important women on campus. Having heard the news that she had won, Crivello was slightly surprised but extremely appreciative.

"I am so happy to receive this award. It surprised me when I won. I feel that there are so many other qualified women on campus but I am grateful to be chosen this year."

Despite her modesty, members of the UD community obviously believed her actions to be

### Dr. Betty Youngkin

Having served as an English professor in UD's English Department for 19 years, Dr. Youngkin has taught all levels of writing from first year to graduate students. With a M.A. in English studies from Northwestern University and a Ph.D. from Texas A & M University, Dr. Youngkin is particularly good at teaching rhetoric and composition. "My role on campus has been to be the very best professor I can be, whatever the circumstances" Youngkin said.

Beyond the UD community, Youngkin also had taught English as a second language in Texas and Kettering, Ohio as well as in a program through Urbana University with inmates at Marysville and London, Ohio prisons. "With my early experience teaching part time at Dupage Community College while our son and daughter were young, I think I have taught about every educational population in U.S." Dr. Youngkin told us.

In addition to teaching, Dr. Youngkin serves the surrounding community. She has held a number of service positions at UD including President of the Academic Senate, Chair of the Faculty Hearing Committee on Tenure and Academic Freedom, Faculty Grievance Officer.

As director of Women's Studies until 2006, Youngkin worked tirelessly with other colleagues to present the program and advocate for women within UD governing bodies such as the College of Arts and Science Dean's Council, the Provost's Council, and the Educational Leadership Council. Still today, she interacts and works with the Women's and Gender Studies Committee to plan curriculum changes and inform students of the program. Dr. Youngkin believes the establishment of the Women's Leadership House and the Women's Center has had a great impact on the UD community through supporting and empowering UD women. These institutions are welcomed by countless students, faculty, and professors who use them to provide support and talk about women issues together from various perspectives.

"The Miryam Award represents the efforts of the University of Dayton to recognize the gifts of women in general,



2010 Miryam Award recipients: Grace Crivello, left, and Dr. Betty Youngkin, right.

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# Profiles



## Passionate about Women's Equality

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DAYTON

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Frank Stanko, a student at the University of Dayton, is strongly involved in Advocates for Women's Equality (AWE).

Stanko, a Communications major with a specialty in Journalism, became involved in AWE his sophomore year of college. He auditioned that year for the UD monologues, did not get a part, but he put his name on a list to show interest in AWE. He attended a few meetings and his interest continued to grow.

Stanko is a member of AWE's Executive Board. His position involves booking events and figuring out days to have events. Participating in discussions is also something he has taken part in. AWE is a group effort and everyone is involved in promoting it. "I consider us all publicity people -- we're constantly mentioning our events to friends, putting up posters, etc" said Stanko.

People often assume it is only women who advocate for women's rights. Hearing about a male student involved in women's equality "grabs people's attention, and in the short run, that's good. It is not important who is involved

in women's rights, but more trying to show women that they can fight for their rights," Stanko said.

"The real matter we have to concern ourselves with is getting women to realize how important their rights are. Without our rights, we aren't people. As such, I believe it's important that women stay involved and bring men to the table with them. When we have diversity, we have a better chance at equality" said Stanko.

March was Women's History Month and a busy time for Stanko. He facilitated two discussions called, "Combating the Bubble Mentality" and "Sexual Assault Resources." He was also a participant in the event known as "Take Back the Night."

With the possibility of being the next AWE president, Stanko already has goals in mind. He wants to make AWE more well-known to students. Students will see AWE become more involved in Up The Orgs next year and there will be more posters around campus promoting their events.

- Bridget Brady,  
Sophomore

## LEADER Consortium Appoints Equity Advisors

The University of Dayton has been active in the LEADER Consortium since its inception in 2008, but up until the 2009-2010 school year the program had not had Equity Advisors at UD (see page 1).

Dr. Wiebke Diestelkamp is one of two UD faculty appointed as an Equity Advisor for the LEADER program within the last year. As an Equity Advisor for the College of Arts and Sciences, Diestelkamp will focus on faculty recruitment and faculty advancement, in addition to other equity concerns that may arise for women faculty.

Prof. Rebecca (Becky) Blust teaches in the Engineering Technology program and is the other UD Equity Advisor, representing the School of Engineering. Both women will help recruit women to STEM (Science, Technology, Engineering, and Mathematics) disciplines at UD by: assisting search committees in aligning faculty applicant pools with ethnic and gender availability; working with STEM



deans and department chairs to develop and implement best practices in recruitment; working to raise faculty awareness of the need for equity and diversity in hiring. Diestelkamp and Blust will also work with UD STEM departments to promote supportive and family-friendly work environments,

provide advice and networking support for colleagues, and invite them to LEADER Consortium related programming and initiatives.

We contacted Dr. Diestelkamp for some insights into how she and Prof. Blust "operationalize" their roles as Equity Advisors at UD.

When asked which of their responsibilities are regarded as most important, she responded that all the areas are interconnected making it difficult to single out just one area. Diestelkamp explained that an effort should be made to increase the number of STEM women who wish to apply to UD when there are faculty openings as well as to actively promote UD to those who are in a position of advising future PhDs on career options. In addition, it is important to create a climate that promotes the advancement of STEM women at UD and the LEADER partner institutions. "We hope to create a network among the women faculty from different departments (and even the various partner institutions), so that women won't feel isolated and have access to our collective experience and advice", added Diestelkamp.

Diestelkamp said she and Professor Blust hope to serve as a resource when departments are looking to hire new faculty. Additionally, she is working on initiatives that will address the issue of advancement for women faculty in STEAM fields.



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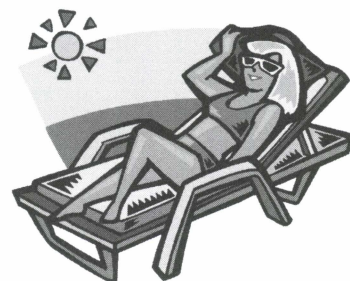
# Health & Wellness

## Ask the Doc: "Is there such thing as a healthy tan?"

For those of you going to Daytona, or just anxious to spend many hours in the sun here, I offer the following "ask the doc":

My friend had a mole removed that was cancerous.  
He's my age (18) -- I thought cancer happened only in old folks.

- Ken



Dear Ken,

Skin cancer occurs in all ages. Unfortunately, the most dangerous type, called melanoma, is occurring more and more in people in their teens and twenties.

In 1980, the lifetime chance of melanoma was 1 in 250. Currently, one in 75 people will get this disease. But it's not a death sentence either. Early melanomas are almost 100% curable. Once melanoma has a chance to get deeper into the skin or spread elsewhere, it can become deadly. Localized melanoma has a 99% 5-year survival; melanoma that has spread to distant parts of the body has a 15% 5-year survival rate.

So what should you look for? Any mole that itches, bleeds, or changes size, shape, or color should be examined and probably removed by a physician. Moles that are asymmetrical, have irregular borders, uneven color or black, red, or blue pigments, or are larger than a pencil eraser also should be checked by a physician.

Prevention is even better: stay out of the sun from 10 AM to 3 PM (even more important if you travel closer to the equator), always wear sunscreen with SPF of 15 or more, wear a broad brimmed hat and long-sleeved shirt and long pants to minimize sun exposure. These precautions will also reduce your risk of other, less deadly skin cancers and chronic sun damage including wrinkles, leathery skin texture, and mottling or "age spots" (really "sun" spots).

Remember: there's no such thing as a healthy tan; a tan is just a "precancerous glow". But hey, do have fun in the sun... just be sensible too!

- Dr. B

"Ask the Doc" is a service of the University of Dayton Health Center. If you have questions that would be of general interest, please send them to:  
[askthedoc@notes.udayton.edu](mailto:askthedoc@notes.udayton.edu)

This e-mail is NOT checked daily. Do NOT send personal or emergency questions; come to the health center or dial 911 for emergencies! This service is not intended to replace a visit with a physician.

### Thinking about tanning indoors instead?

Using a tanning bed before the age of 35 increases the risk of melanoma - the deadliest form of skin cancer - by 75 percent, according to the Melanoma Research Foundation.

Skin cancer is one of the few cancers for which preventative options exists, said Dr. Allen Halpern, vice president of The Skin Cancer Foundation.

While genetics play a large part in a person's cancer risk, many studies suggest that exposure to UV light and the use of tanning beds at a young age is a major cause of skin cancer.

The International Agency for Research on Cancer, a group affiliated with the World Health Organization, recently added tanning beds to its "Group One" list, which identifies the most harmful forms of radiation.

For up-to-date information about links between tanning bed usage and skin cancer, see: <http://www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/MedicalDevices/MedicalDevicesAdvisoryCommittee/GeneralandPlasticSurgeryDevicesPanel/UCM205687.pdf>



# How to Prevent “Summer Haze”

You may experience “Summer Haze” between the months of May and August if you:

1. Forget everything you learned between the months of August and May
2. Feel your IQ depreciating
3. Can't remember what day it is – At this point, your mental status has significantly declined and you should consult a calendar as soon as possible!
4. Can't seem to get motivated to do anything that is mentally taxing whenever the sun is out

Don't worry, there are plenty of precautions you can take to reduce your risk of developing “Summer Haze.” These precautions will help you to stay mentally alert during the summer months. While these can be done individually, engaging others will reduce the prevalence of “Summer Haze” in our community and add exponentially to your enjoyment.

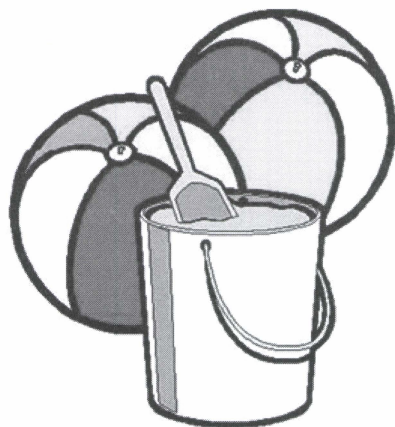
**Precaution #1:** Give yourself permission to relax a bit and not feel guilty about the lack of “work” that you are doing.

**Precaution #2:** Stimulate your creativity. After all, you want to engage both your right brain and your left brain in order to effectively reduce your risk of “Summer Haze”. Summer is a great time to allow yourself to engage with the arts, whether it's doing a little art activity of your own or visiting an art museum to get out of the heat. If your brain has already shut down and you can't think of anything to do, you can stimulate your creativity by getting yourself Caffeine for the Creative Mind by Stefan Muma & Wendy Lee Oldfield ASAP! This is a fun book that includes over 250 short, focused exercises that will give you a creative jolt and cure your boredom.



**Precaution #3:** Get out and get active! Staying physically active not only keeps your mind fresh, it also helps improve your mood by releasing natural endorphins! So, whether you go for a run, ride a bike, go for a swim, or hike through one of the many parks around Dayton, summer is a great time to be active. Five Rivers MetroParks has a number of classes and activities for any age. Check them out at <http://www.metroparks.org/>

**Precaution #4:** Keep reading! I know this seems a bit more academic, but you can read by the pool and you don't have to read journal articles or textbooks. Summer reading can be “lighter” than what you read during the school year, but it doesn't necessarily have to consist entirely of romance novels or fiction stories either. Interested in reading books to expand your views on issues of diversity? Try any of the following (or find your own): *Bluest Eye* (by Toni Morrison), a classic story of identity and alienation; *Becoming Americana* (by Lara Rios), a Chicano college woman struggling with identity; or *Stealing Buddha's Dinner* (by Bich Minh Nguyen), a Vietnamese girl trying to fit in as American. Interested in memoirs of strong women? Try the following: *The Glass Castle* (by Jeannette Walls), a memoir of a young girl growing up in poverty with nomadic, eccentric parents; *My Life as a Traitor* (by Zarah Ghahramani), a memoir of an Iranian college student who was kidnapped and spent over a month in an Iranian prison; or *Eat, Pray, Love* (by Elizabeth Gilbert), a memoir of a woman finding herself again after a divorce through her travels to Italy (for pleasure), India (for spirituality), and Indonesia (for balance).



**Precaution #5:** Play games. If the previous precautions have not stimulated your brain, you may require a more intensive intervention. There's nothing like puzzles and mind games to get your synapses firing. You can access a plethora of free puzzles and mental activities at <http://www.archimedes-lab.org/>. If you're looking for a mental training program, you can try playing brain games at <http://www.lumosity.com/>. This site includes fun games to spur your mental skills and tracks your progress so you can compete with yourself and see how your skills rate compared to others.

- Kathleen Hutchinson,  
Psychology Trainee



# Voices Raised

## UD's Women's Basketball Team Comments on Their Season and NCCA Appearance

Making it to the tournament this year was a great experience. This was our goal from the beginning and the reason that a lot of us came to Dayton. We all wanted to have an impact on building a program and taking it to places it has never been. This year we achieved that goal and had one of the best seasons in recent program history. It makes all the hard work worth it.

**-Justine Raterman, Sophomore**

Playing in the NCAA tournament was one of the best experiences of my basketball career and/or even my life. When you set your goals and mind on something, everything falls into place and you achieve what you always wanted to, it is an incredible feeling. As amazing as my career at Dayton has been I feel it would not have been complete without accomplishing this goal. It is hard to put into words the feeling after winning the game against TCU. I have never felt so overcome with emotion. I wanted that game so badly and we fought so hard [that] afterwards I felt extreme and overwhelming happiness. I love my team and winning that game alongside them was an absolute peak to a great season and four years. I am so happy that

Dayton is becoming more established on a bigger scale and in the NCAA. Being a part of the first ever appearance to the NCAA was a dream come true for me, an experience I will never forget.

**- Kendel Ross, Senior**

I feel extremely fortunate to be able to go to the first and second round of the NCAA tournament, especially as a freshman. That is exactly why the girls on this team came to this program. We are trying to create something really special at Dayton and making it to the NCAA's was the first step.

**- Kari Daughtery, Freshman**

This year was such a great experience from start to finish. We had really good team chemistry and I think a lot of us improved over the season. Even though we will miss Kendel [Ross] a lot, we are all looking forward to next year!"

**-Kristin Daugherty, Junior**

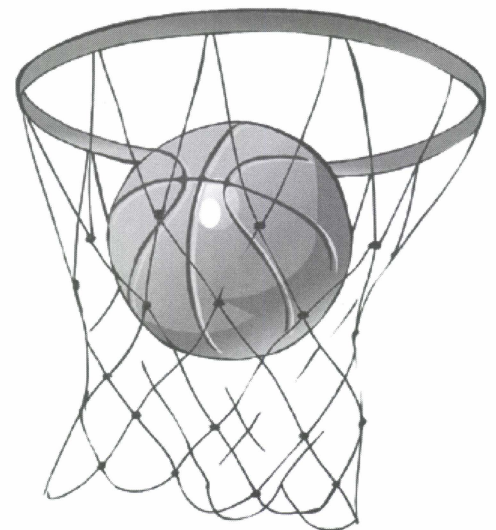
The season was a great journey. Making the tournament was a goal for us and to achieve that type of goal is like a dream. The people in this program made that dream come true. I have never been around any other players, coaches, or staff that work harder on or off the court than this team. I am very lucky to be a part of something so special.

**-Sam MacKay, Freshman**

I thought the coolest part of playing in the NCAA tournament was the venue that we got to play at. Tennessee has been a basketball power-house for so long and it was amazing to be walking through the same hallways, practicing on the same floor, and competing against such a storied program.

Knoxville has tremendous support for women's basketball and it was awesome to be able to experience that.

**-Elle Queen, Junior**





# Grace Crivello

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praiseworthy. Crivello shares the award this year with Dr. Betty Youngkin. Fittingly enough, Dr. Youngkin is also responsible for establishing the Women's Leadership House which helped Crivello generate her interest and commitment to women's studies.

Crivello is also involved with Advocates for Women's Equality (AWE), a member of the National Society of Collegiate Scholars (NSCS), has pledged to Pi Sigma Alpha (the Political Science honor society), and is in the Golden Key International Honor Society. As winner of the Miryam award, Crivello's name was engraved on a plaque displayed in the Barrett Dining Room. She also received \$1,000 to donate to the student organization of her choice. For Grace, the decision was simple.

"It was a very easy choice for me because I am president of AWE. We are a very small club and any little bit of funding helps. I hope it will help AWE put on even more programs to make people start thinking and talking about women's and gender issues."

In addition to the activities listed above, Crivello volunteers at the Greene County Family Violence Prevention Center and has worked to plan events including a panel on contemporary feminism and "Radical Cheerleaders," which raises awareness on issues of body image.

"I hope that people will see my story and realize that I didn't start out here trying to be radical or trying to be brave, it just sort of fell in my lap," Crivello said. "I actually didn't even realize I was being brave or an activist at the time. I just wanted to make a change on campus that I felt was truly necessary."

Crivello will continue to make that change in any way she can. She is currently working on her honors thesis on the development of third wave feminism and how it is only now starting to take shape. Eventually she plans to go to law school to study family law.

- Kristin Daugherty,  
Junior

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# Dr. Betty Youngkin

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the significant and everyday contributions of women and men, and the presence of Mary of Nazareth in all its manifestations." Dr. Youngkin said. "I am deeply grateful and humble to be a 2010 recipient in addition to Grace Crivello, an extraordinary senior student," Youngkin added.

- Tracy Yang,  
Graduate Student

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# L.E.A.D.E.R Consortium

continued from P.1

who serve as "front-line" resources for UD administrators in STEM disciplines and the women faculty in their departments (see article on pg. 3) Together, and with their colleagues at WSU, CSU and AFIT, the goal is to gradually transform the climate within the four institutions and "create a sustainable, women-friendly STEM culture within a region build upon a legacy of STEM innovation."

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# Equity Advisors

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"The LEADER Consortium will fund a number of mini-grants for STEM faculty every year. The first round has been successful, and we hope our faculty will take advantage of these opportunities in the coming years as well." Additionally, the LEADER Consortium is planning a number of networking events that will be open to all STEM women faculty, giving them an opportunity to get to know one another and share ideas. "We want to encourage the STEM faculty to contact us if they have any concerns at all. We are also very interested in any suggestions for activities or initiatives the LEADER Consortium should promote in order to further the advancement of women in the STEM fields," Diestelkamp added.

Diestelkamp has been at UD since 1998. In 2008 she received the College of Arts and Sciences' Faculty Award for Outstanding Service. Diestelkamp is a Member of the Association for Women in Mathematics (AWM), American Statistical Association (ASA), and Mathematical Association of America (MAA).

- Amanda Neyer,  
Senior





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## *From the Director's Desk* Supporting Women's Athletics

Forgive me if I appear desperate for inspiration in writing this column, but as Pattie and I sat down with Amanda Neyer, our outstanding newsletter editor, to plan this issue, I was struck by what a "small world" UD is. We wanted to give coverage to the UD women's basketball players because we felt their accomplishments this year deserved a greater share of our community's attention than they were given. We're very proud of them, but I'm not sure we, as a community, have made that clear. And we wanted to honor, as we do every year, the winners of the Miryam Award.

As we talked, my mind flashed back to a recent "conversation" in the Women's and Gender Studies' office between Drs. Rebecca Whisnant, Betty Youngkin and me. Betty had dropped by to see both Rebecca and me about something that concerned her. Though she's wrapping up her teaching career here and was preparing to receive the Miryam Award (among many other activities, I'm sure), Betty had made time to stop by the UD Bookstore to purchase a women's NCAA basketball t-shirt. As she whipped the bright red t-shirt out of her tote bag, she said something to the effect of, "why aren't we [meaning the broader UD community] doing more about this?"

[At this point the women's team had already beaten TCU in a thriller and was preparing to face off against powerhouse Tennessee.]

While I didn't have an immediate answer for Betty, I was really struck by her passion, and it made me think, "She's right! Why AREN'T we doing more? Why aren't the Women's Center and (most) UD women students, faculty and staff doing much to support women's athletics at UD?"

While I could speculate on some answers, I think it's more productive to look forward and plan ways to encourage women in this community to become active supporters of UD women's athletics. We'll start planning now with the goal of making this a reality starting next academic year. I don't know yet what we'll do, but hopefully by the time the women's basketball team makes it to the NCAA tourney next year (and the women's soccer, volleyball, softball, rowing, cross country, golf, tennis, and track & field teams each have another successful season), we, the women of UD, will have been out in force to support them. They deserve nothing less. And thank you, Betty, for reminding us of that!

- Lisa Rismiller