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Premedical Programs Newsletter, January-February 2019

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UD students participate in International Medical Experience in Jamaica

Student Spotlight



"this experience was by far the most defining in my medical career... and taught me so much about myself..." --Phoebe Mularoni

Phoebe Mularoni, a senior Premedicine major, has known from an early age that she wanted to positively impact her world. Still uncertain about how best to do this, Phoebe entered UD as a **Discover Engineering major** intending on pursuing a career in Biomedical Engineering. Reflecting on her time at UD, Phoebe stated, "After a few weeks in the engineering school, however, I realized that I wanted to have a more hands on, patient-centered role in the healthcare field." Phoebe changed her major to Premedicine and began to explore career options. Participation in the Hospital Elder Life Program at Miami Valley Hosptial and shadowing experiences solidified Phoebe's desire to pursure a career as a Physician Assistant.

Phoebe also participated in

Diverse experiences promote personal and professional growth

key programs and student organizations at UD that provided her with support as well as academic and professional development opportunities, She has been involved with the Pre-PA club, the honors program, and Chi Omega.

Phoebe has also explored other countries and cultures by participating in international experiences such as studying abroad for a semester and traveling to Bolivia for a summer healthcare immersion experience. Phoebe said, "I had the wonderful opportunity to study abroad in Gold Coast, Queensland, Australia [during] fall semester of my junior year. Being overseas and so far away from home allowed me to go out of my comfort zone and learn so much about myself." She was also able to travel to Thailand and New Zealand as part of this experience. The summer of 2018, Phoebe broadened her international experience by traveling to Bolivia. She credits this experience as "defining" and stated that it taught her so much about herself and who she wants to be as a medical professional. Phoebe will be attending Chatham University's **Physician Assistant Program** next fall.

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Upcoming Application Workshop - Jan. 22 or 23

Applying to Medical school or Dental school this summer? Plan on attending one of two very important application workshops that review the composite letter process, including what forms need to be turned into the Premedical Programs Office and what needs to be completed through the on-line letter of evaluation portal. The same content will be covered at both sessions, so you only need to attend one.

- Tuesday, Jan. 22nd, 6 pm to 7:30 pm in SC 114
- Wednesday, Jan. 23rd, 5 to 6:30 pm in SC 114



UD students assist UD Alumnus, Emily Baker, DDS, at the dental clinic on the 2019 winter International Medical Experience in Jamaica

Bolivia Healthcare Summer Immersion Program:

"Pediatric, Adolescent & Women's Health, La Paz, Bolivia"-a medical immersion program sponsored by UD Premedical Programs in conjunction with Children and Family Health International (CFHI) will be offered in May 2019, with anticipated travel dates of May 14-26, 2019. This program is open to all students who meet the eligibity and GPA requirements. Register through the Center for International Programs.

Students must complete a SPN 200 level course by the end of spring 2019 semester to be eligible for this program. This is an approved clinical experience for MED/DEN major MED 480 course.

Church Health Scholars

This is a one year fellowship opportunity for recent college graduates, combining academic and faith-based opportunities with working in either a medical or dental clinic for underserved populations in Memphis, TN. This is a 12 month commitment beginning in June. *Applications are currently open*. Go to

https://churchhealth.org/scholars/ for more information and to fill out the on-line application.

February 9th is Pre-Dental Day at Ohio State U College of Dentistry



All students intersted in a career in dentistry are encouraged to attend the upcoming Pre-dental Day hosted by Ohio State University College of Dentistry. The event will take place on Saturday, February 9th from 8 am to 3 pm in room 1160, Postle Hall. Pre-registration is required. Cost is \$19 for ASDA members and \$90 for non-members. Scan the following QR code to register:

Planned events include:

- Drilling and filling teeth
- Setting teeth
- interpreting radiographs



If you are an active DIG member and interested in car pooling, please contact Cara Faddoul at faddoulc1@udayton.edu before February 1st.

BONUS! Discount code for Crack the DAT provided upon sign-up.

Premedical Programs Scholarships

Sophomores and juniors with career plans to attend health professional school are eligible to apply for scholarships administered through the Premedical Programs office. To qualify, you must be active within premedical programs sponsored programs and currently advised by a designated premedical advisor. Visit premed.udayton.edu for further eligibility details and to fill-out and submit your on-line application. Only complete applications will be considered for awards, so please fill out all parts of the application, including the financial information. On-line applications will open January 28th and completed applications, including recommendations from faculty members are due by March 6th. Awardees will receive scholarships for the following academic year, 2019-20.

Letters of Evaluation

Students applying to medical and dental school in this application cycle and planning on using the composite letter process must complete their on-line forms by **March 1st** and turn in the signed evaluator and advisor forms by **March 8th** to the Premed office. All students who wish to use a composite letter and summary evaluation packet must comply with these deadlines or expect a delay in the composite letter process. This process will be fully explained at the application workshop on Jan. 22nd or Jan. 23rd.

Premier Health Hospital Observations

Sophomores, Juniors and Seniors can shadow healthcare teams in different departments at Miami Valley Hospital, in the Operating Room at Miami Valley Hospital South, and with Premier Health PAs. An email will be sent out once the spring schedules are made available.

OR shadowing at the Miami Valley South Campus occurs every Tuesday from 6:45 am to 10 am and requires a separate mandatory orientation at Miami Valley South. If you have already attended a previous orientation, you do not need to attend again. A spring orientation is scheduled for either Jan. 23rd or Jan. 29th at 4 pm at Miami Valley South Campus. You only need to attend one. email Debbie Fagan at ddfagan@ premierhealth.com to register.

You will need to submit a complete application (accessed from the Hospital Observation link on premed.udayton.edu), current immunization records, MMR verification, two-step TB results and a current flu shot. Bring completed paperwork to the Premed office to sign up for your time slots for the fall semester. Contact Dr. De Beer at

mdebeer1@udayton.edu if you have questions.

Summer Opportunities

Visit individual links for program specific deadlines and requirements.

- Cincinnati Children's Hospital Medical Center in Cincinnati
 offers a summer opportunity to explore the possibility of a career in biomedical research. Applications are available now and are due on February 1, 2019. More information can be found at https://www.cincinnatichildrens.org/education/research/surf/apply.
- University of Cincinnati College of Medicine in Cincinnati offers a summer opportunity to explore interest in biomedical research. Applications are available November 1, 2018 and are due on February 1, 2019. More information can be found at http://med.uc.edu/surf/apply.
- Ohio University Heritage College of Osteopathic Medicine
 in Athens, Ohio offers a summer opportunity to engage in an active research laboratory with the goal of exposing students to the challenges, excitement and satisfaction of research. Applications are now available and are due on February 1, 2019. More information can be found at

https://www.ohio.edu/medicine/education/pre-med-education/summer-programs/surf.cfm.

- Ohio State College of Pharmacy in Columbus offers a summer opportunity to discover Pharmaceutical Sciences.
 Applications are now available and are due March 1, 2019.
 More information can be found at http://pharmacy.osu.
 edu/research/summer-undergraduate-research-fellow-ships-pharmaceutical-sciences.
- National Institutes of Health (NIH) in various locations offers a summer opportunity to explore biomedical research. Applications are available in mid-November and are due on March 1, 2019. More information can be found at https:// www.training.nih.gov/programs/sip.
- Summer Health Profession Education Program (SHPEP) in various locations offers a summer opportunity to expose students to a range of health professions. Applications are available December 1, 2018 and are due on February 15, 2019. More information can be found at http://www.shpep. org/apply-to-shpep/.

Graduate Exam Prep Courses

•ALTIUS TEST PREP provides rigorous and structured MCAT preparation. On-campus classes will be held Mondays and Wednesdays from Jan. 14 to May 1, 7 to 9:30 pm in SC 269, Tuesdays from Jan. 15 to April 30, 7 to 10 pm in HM 110, and Sundays from Jan. 20 to April 28, 7-9:30 pm in SC 269. Students can continue to sign up for courses through the month of January. For more information about spring semester course options contact Donny McKenna at mckennad1@udayton.edu.

•KAPLAN offers a number of events to help you prepare for graduate school entrance exams. To find courses offered close to UD or on-campus go to www.kaptest.com. Select your exam and enter 45469 as the zip code. Also find information about additional events such as practice tests at kaptest.com. In-person classes will run if there is sufficient enrollment. Upcoming in-person courses planned are:

- MCAT Prep from Jan. 30 to Mar 20, Sat. 10 am to 1 pm and Wed. 6 to 9 pm
- MCAT Prep from Feb. 2 to Mar 20, Sat. 10 am to 1 pm and Wed. 6 to 9 pm
- DAT Prep from Feb. 23 to Mar. 31, Sat and Sun. 1 to 4 pm

• WRIGHT STATE UNIVERSITY is offering an in-person MCAT prep course using the Exam Krackers materials in the spring 2019. Cost will be \$650. *The course will begin on Jan.* 25. Visit https://science-math.wright.edu/pre-health-program/ mcat-prep-course for more information and to register online

UD EMS Spring Events

UD EMS will be hosting recruitment events this semester. Direct questions about the events to Amanda Schleper at acp.udems@gmail.com

Information sessions to find out more about the organization and what it is like to be a UD EMS member will be held on :

- Tuesday, February 26th 5:30-6:30
- Sunday, March 3rd 3-4pm

Come hang out with UD EMS members and see the UD EMS house in the student neighborhood at an ice cream social:

• Friday, March 22nd from 4 to 5 pm at 214 Lawnview

Be on the look out for additional events throughout the semester such as ride alongs and table hours!

UD EMS members are excited to hear from you and talk to you about what being an EMT on campus means. If you have any questions or want to be added to the UD EMS interest email list, please contact Amanda Schleper at acp.udems@gmail.com.



Calendar Highlights

January:

Jan. 14 - classes begin Jan. 20 - DIG meeting, SC 390, 4 pm Jan. 22- AED meeting, SC 114, 8 pm Jan. 22 - Professional School Application Process Workshop, SC 114, 6-7 pm

February:

Feb. 1 - last day to drop without record

- Feb. 3 DIG meeting, SC 390, 4 pm
- Feb. 5 AED meeting, SC 114, 8 pm

Jan. 23- Professional School Application Process Workshop, SC 114, 5-6 pm Jan. 28 - Everhard, Michaelis, and Szabo scholarship applications available online Jan. 30 - Healing Hearts meeting, SC 114, 7 pm

Feb. 13 - Healing Hearts meeting, SC 114, 7 pm
Feb. 17 - DIG meeting, SC 390, 4 pm
Feb. 19 - AED meeting, SC 114, 8 pm

SAVE THE DATE!

University of Dayton and Miami Valley Hospital 10th Annual Healthcare Symposium will be held on March 30th, 2019 in the Kennedy Union.

Congratulations to students with acceptances to Health Professional Schools!

Samantha Achauer (BIO) Wright State U Boonshoft SOM Maria Anderson (BIO) Ohio U Heritage COM, U of Kentucky COM, Wright State U Boonshoft SOM Ross Bales (MED) Wright State U Boonshoft SOM Sarah Baxter (BCM) Bulter U PA Program Annie Bayer (BIO) Mercyhurst U PA Program, Ohio U-Dublin PA Program Elizabeth Borchers (MED) Ohio U Heritage COM Steven Borchers (MED) Wright State U Boonshoft SOM Sam Borreli (EEP) Kettering College PA Program Luke Bressler (MED) Ohio U Heritage COM Lauren Cannatelli (BIO/EEP) Kettering College PA Program, U Dayton PA Program Emma Clark (BIO) Ohio U Heritage COM, Penn State U COM, U Cincinnati SOM, Wright State U Boonshoft SOM Madison Clements (MED) U Pikeville-Kentucky COM Grace Dury (MED) Indiana U-Purdue U PA Program Blaise Eby (MED'15) Butler U PA Program Lucas Edwards (MED) Case Western Reserve U SOM, U Cincinnati SOM, U Toledo COM Maddie Gerdes (MED) U Toledo COM, Wright State U Boonshoft SOM Elizabeth Goetz (EEP) Marshall U SOM, West Virginia COM Logan Goff (EEP) Kettering PA Program Kennedy Hale (DEN) Indiana U SOD, Ohio State U COD, U Kentucky COD Lauren Hoody (MED'18) Creighton U SOM, U Nebraska COM Sara Huber (MED) Marian U COM, Ohio U Heritage COM, Wright State U Boonshoft SOM Grace Lamantia (EEP) Ohio Dominican U PA Program Madison Maloof (MED) Butler U PA Program, U Dayton PA Program Patrick Meehan (DEN) Creighton U SOD Phoebe Mularoni (MED) Chatham U PA Program, Wingate U PA Program Taylor Pennington (MED) U Dayton PA Program, U Mount Union PA Program Eduardo Rive Lockwood (MED) Temple U SOM, Wright State U Boonshoft SOM AJ Pagan (MED'18) Ohio U Heritage COM, U Cincinnati SOM, Wright State U Boonshoft SOM Shalom Reuben (DEN'18) Ohio State U COD Casey Pollard (BIO) Wright State U Boonshoft SOM Chase Sawyer (MED) Lake Erie COM - Bradenton, Marian U COM, Ohio U Heritage COM, West Virginia COM Amanda Schleper (MED) U Louisville SOM, U Kentucky COM Jacob Thomas (EEP'18) Lincoln Memorial U Debusk COM, Marian U COM Christopher Turley (BIO'18) U Mississippi Medical Center SOM Mallory Vild (MED'18) Marian U COM, Ohio U Heritage COM John Weis (MED) Ohio U Heritage COM Emily Wey (BCM'18) Marian U COM Teresa Wong (MED) U Toledo COM, Wright State U Boonshoft SOM

