

March 22, 2020

Dear Roberto, Emon, Brian, Claire,
Grace, Emily, Will, Emily C.,
Drake, Miley, Sam, Megan,
Ajay, Remy, Kat, Brendon,
Lucy, Mabel, and Shonnors:

I write this with a heavy, yet hopeful heart. Each of you are experiencing the ripple effect of this global crisis in your own ways. You are each going through this differently - yet, we are all in this together.

I think about high-school seniors with no prom, to our own seniors who won't get that Department Senior dinner and award celebration.

Then, I think of those who never had those opportunities to begin with. So many high school seniors never get to go to prom. Maybe due to being too poor or perhaps they are too "odd" or "not cool enough" to feel comfortable even going. So many kids don't even get to college due to their position in life - the hard they were dealt - maybe too poor or they have to care of their siblings or parents.

Life is complex and full of sadness. Yet, we must train our minds to see that silver lining. See, right now, in the midst of uncertainty - I try to find that lining. Suddenly, we are blessed with being told to literally be home, with our immediate family. Nowhere else should we go. We are being called to remain diligent, resilient, and responsible - for the common good.

I was that senior college student who never got to attend that senior dinner. I was the high-school student who grew up very poor and was teased. I was "odd". I recall many, MANY, dinners where my

Mom never ate because after four kids had our meal, nothing was left. Sacrifices are being made around the world. My daughters have fathers who can't see them right now. And babies grow faster than the speed of light. Nouvean's father may not see her for two months! Yet, we do this for others because that is the Marianist message.

With that said, I pray you each take this time, as that **TIME** to be grateful for any privilege you know you have, even that roof over your head to those socks on your feet. I ask that you imagine what it must be like for homeless folks right now, and for families with several children, who are now laid off and can't provide - their world is crumbling. The poor are suffering even greater now. I ask that you pray for those who are suffering the most. Pray for medical workers and delivery drivers and grocery store employees who are extending themselves and scared too. Many have NO CHOICE but to work.

And, if you don't pray - do
positive manifestations for
those in need. Close your
eyes, take deep breaths
and manifest only positive
energy out.

This time gives science the endless hours it needs to research this novel virus and provide solutions to the world. Science is incredible.

May you see this time as one of reflection. We will recover, but we won't ever be the same. Yet, we are another. We have the ability to create and give hope. We have the privilege of education and hot meals, comfy beds and water. Take this time to

love yourself. So be grateful for life and what you have to offer - and for each of us that calling is different. So practice social distancing and remain home. If you go out, be protective of others. See, that is the

silver lining too. Life is about others, not just you.

You are you. **Blessed** is without a ton of responsibilities, stay focused on those positives while remaining sensitive and empathetic to those negatives.

I will miss your faces. So very much. I hold a deep interest in your success and personal well-being. Let's continue our relationship. Let's embrace it with positive thoughts. We will accomplish it. Rest of the day out comes. And we will remain focused on our education so that provides us with hope and understanding.

Sincerely,
Misty

March 24, 2020

I write this with a hopeful heart. Each of you are experiencing this together. Life is complex, yet, we must train our minds to see that silver lining. We are **blessed** with being told to literally be home with our immediate family, nowhere else should we go.

We are being **called** to remain diligent, resilient, and responsible - for the common good. We do this for others because that is the Marianist message.

I pray that you each take this time to be **grateful** for that roof over your head to those socks on your feet. I ask that you pray for workers who have NO CHOICE but to work. May you see this time as one of reflection. We have the ability to **create**. Take the time to **love** yourself, to be grateful for life, and be protective of others. That's the silver lining. Life is about others. You are **blessed**. Stay focused on your success and personal well-being and embrace it with **positive thoughts**.

Sincerely
Kat