Three O'Clock Prayer

Stanley J. Zubek S.M.
THE THREE O'CLOCK PRAYER
(to tune of "Old Hundredth" or "Creator of the Stars of Night" or any LM meter)

1. Je-sus we ga-ther at the cross,
With Ma-ry and the one you loved,
You said wo-man be-hold your son,
To John she is your mo-ther now.

2. We thank you for re-mem-bring us,
And gi-ving Ma-ry to us all,
May Ma-ry help us o- pen up,
So Ho-ly Spi-rit acts on us.

3. St. John ob-tain for us the grace,
To wel- come Ma-ry in our lives,
So she can form us in- to Christ,
To help her birth Christ here to- day.

4. May Fa-ther Son and Spi-rit three
Be glo- ri- fied e-ter-na-ly,
Thru Vir-gin Mo-ther full of grace,
Im-ma-cu-late One of our race.
The Three O’Clock Prayer

Tune: LM or Old Hundredth
Text: based on Traditional Marianist prayer
by Stan Zubek, S.M.

1. Jesus we gather at the cross,
   With Mary and the one you loved,
   You said: Woman behold your son,
   To John: She is your mother now.

2. We thank you for remembering us,
   And giving Mary to us all,
   May Mary help us open up,
   So Holy Spirit acts on us.

3. St. John obtain for us the grace,
   To welcome Mary in our lives,
   So she can form us into Christ,
   To help her birth Christ here today.

4. May Father Son and Spirit three,
   Be glorified eternally,
   Through Virgin Mother full of grace,
   Immaculate One of our race.

This prayer is based on Jn 19:25-7 and is traditionally said at 3 o’clock, the time Jesus died on the cross. It was widely promoted by Blessed Fr. Chaminade, founder of the Marianists. This version of the 3 o’clock prayer was set to the meter of LM by Bro. Stan Zubek, S.M. This may be reprinted and used by anyone. 22 June 2013

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