

1-1-2013

Three O'Clock Prayer

Stanley J. Zubek S.M.

Follow this and additional works at: https://ecommons.udayton.edu/music_marianistcharism

 Part of the [Catholic Studies Commons](#), [Other Music Commons](#), and the [Religious Thought, Theology and Philosophy of Religion Commons](#)

eCommons Citation

Zubek, Stanley J. S.M., "Three O'Clock Prayer" (2013). *Musical Compositions about the Marianist Charism*. 56.
https://ecommons.udayton.edu/music_marianistcharism/56

This Musical Composition is brought to you for free and open access by the Marianist Heritage, Culture, Materials, Commentary at eCommons. It has been accepted for inclusion in Musical Compositions about the Marianist Charism by an authorized administrator of eCommons. For more information, please contact frice1@udayton.edu, mschlangen1@udayton.edu.



...

THE THREE O'CLOCK PRAYER

(to tune of "Old Hundredth" or "Creator of the Stars of Night" or any LM meter)

1. Je-sus we ga-ther at the cross,
With Ma-ry and the one you loved,
You said wo-man be-hold your son,
To John she is your mo-ther now.

2. We thank you for re-mem-bring us,
And gi-ving Ma-ry to us all,
May Ma-ry help us o-pen up,
So Ho-ly Spi-rit acts on us.

3. St. John ob-tain for us the grace,
To wel-come Ma-ry in our lives,
So she can form us in- to Christ,
To help her birth Christ here to- day.

4. May Fa-ther Son and Spi-rit three
Be glo-ri-fied e-ter-na-ly,
Thru Vir-gin Mo-ther full of grace,
Im-ma-cu-late One of our race.

The Three O'Clock Prayer

Tune: LM or Old Hundredth

Text: based on Traditional Marianist prayer
by Stan Zubek, S.M.



1. Je - sus we ga - ther at the cross,
2. We thank you for re - mem - bring us,
3. St. John ob - tain for us the grace,
4. May Fa - ther Son and Spi - rit three,



With Ma - ry and the one you loved,
And gi - ving Ma - ry to us all,
To wel - come Ma - ry in our lives,
Be glo - ri - fied e - ter - na - ly,



You said: Wo - man be - hold your son,
May Ma - ry help us o - pen up,
So she can form us in - to Christ,
Thru Vir - gin Mo - ther full of grace,



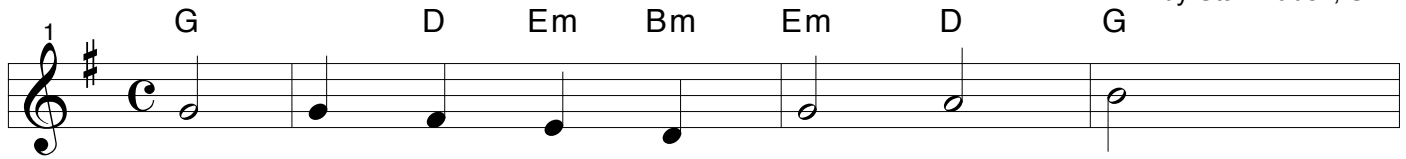
To John: She is your mo - ther now.
So Ho - ly Spi - rit acts on us.
To help her birth Christ here to - day.
Im - ma - cu - late One of our race.

This prayer is based on Jn 19:25-7 and is traditionally said at 3 o'clock, the time Jesus died on the cross. It was widely promoted by Blessed Fr. Chaminade, founder of the Marianists. This version of the 3 o'clock prayer was set to the meter of LM by Bro. Stan Zubek, S.M. This may be reprinted and used by anyone. 22 June 2013

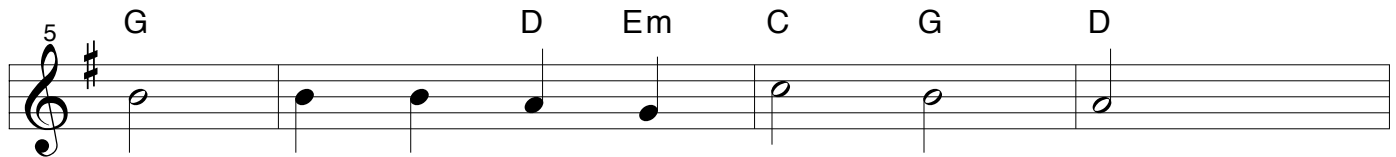
The Three O'Clock Prayer

Tune: LM or Old Hundredth

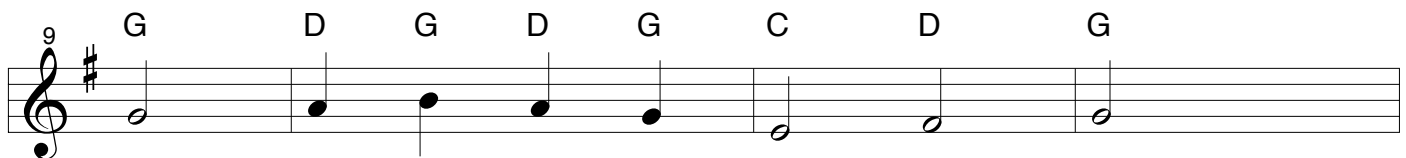
Text: based on Traditional Marianist prayer
by Stan Zubek, S.M.



1. Je - sus we ga - ther at the cross,
2. We thank you for re - mem - bring us,
3. St. John ob - tain for us the grace,
4. May Fa - ther Son and Spi - rit three,



With Ma - ry and the one you loved,
And gi - ving Ma - ry to us all,
To wel - come Ma - ry in our lives,
Be glo - ri - fied e - ter - na - ly,



You said: Wo - man be - hold your son,
May Ma - ry help us o - pen up,
So she can form us in - to Christ,
Thru Vir - gin Mo - ther full of grace,



To John: She is your mo - ther now.
So Ho - ly Spi - rit acts on us.
To help her birth Christ here to - day.
Im - ma - cu - late One of our race.

This prayer is based on Jn 19:25-7 and is traditionally said at 3 o'clock, the time Jesus died on the cross. It was widely promoted by Blessed Fr. Chaminade, founder of the Marianists. This version of the 3 o'clock prayer was set to the meter of LM by Bro. Stan Zubek, S.M. This may be reprinted and used by anyone. 22 June 2013