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THE THREE O'CLOCK PRAYER

(to tune of "Old Hundredth" or "Creator of the Stars of Night" or any LM meter)

1. Je-sus we ga-ther at the cross,
With Ma-ry and the one you loved,
You said wo-man be-hold your son,
To John she is your mo-ther now.

2. We thank you for re-mem-bring us,
And gi-ving Ma-ry to us all,
May Ma-ry help us o-pen up,
So Ho-ly Spi-rit acts on us.

3. St. John ob-tain for us the grace,
To wel-come Ma-ry in our lives,
So she can form us in- to Christ,
To help her birth Christ here to- day.

4. May Fa-ther Son and Spi-rit three
Be glo-ri-fied e-ter-na-ly,
Thru Vir-gin Mo-ther full of grace,
Im-ma-cu-late One of our race.

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Tune: LM or Old Hundredth

Text: based on Traditional Marianist prayer
by Stan Zubek, S.M.



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2. We thank you for re - mem - bring us,
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You said: Wo - man be - hold your son,
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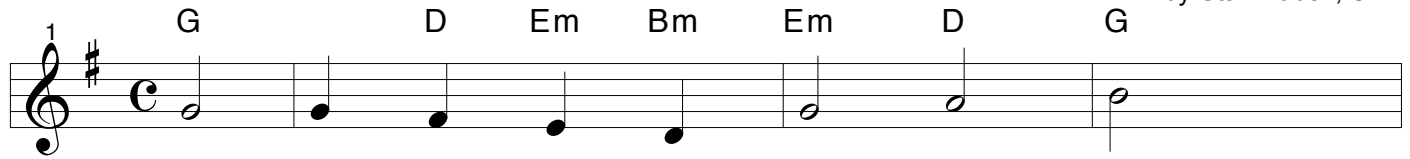
To John: She is your mo - ther now.
So Ho - ly Spi - rit acts on us.
To help her birth Christ here to - day.
Im - ma - cu - late One of our race.

This prayer is based on Jn 19:25-7 and is traditionally said at 3 o'clock, the time Jesus died on the cross. It was widely promoted by Blessed Fr. Chaminade, founder of the Marianists. This version of the 3 o'clock prayer was set to the meter of LM by Bro. Stan Zubek, S.M. This may be reprinted and used by anyone. 22 June 2013

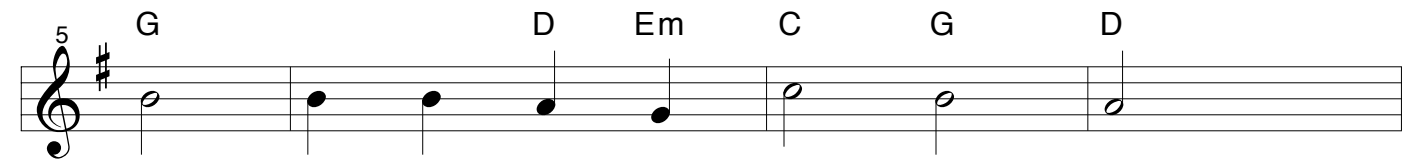
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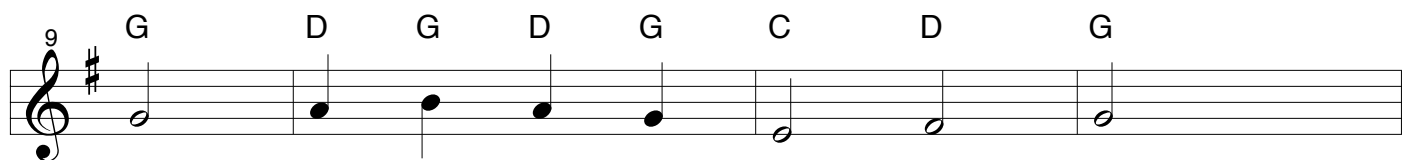
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