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NEWS RELEASE

INTERNATIONAL EXPERT IN YOUTH FITNESS TO SPEAK AT UNIVERSITY OF DAYTON ABOUT CHILD OBESITY

DAYTON, Ohio – Chuck Corbin, an international expert in the area of youth fitness, will speak at the University of Dayton at 8 p.m. on Oct. 16 in Virginia W. Kettering Hall Room, 141.

UD's Department of Health and Sport Science will sponsor the talk, which will focus on issues pertaining to the fitness and fatness of American youth. It is free and open to the public.

"If you pick up a newspaper on any given day, there is usually a story on obesity, especially in children," said Lloyd Laubach, chair of the health and sports science department. "Obesity has become the most prevalent chronic health problem among American children."

Corbin, a professor at Arizona State University East, has published more than 200 papers and written or edited 70 books. Two of his video programs on physical fitness and physical activity have earned Telly Awards for excellence in video production.

"He is not only a national expert, he is an *international* expert," added Laubach. "He is truly a guru. Chuck is very well respected as a teacher, scholar and lecturer. He is an exceptional speaker and is passionate about what he says."

Corbin has made presentations in more than 35 states and 10 countries. Co-editor of the *President's Council on Physical Fitness and Sports Research Digest*, he has been a past president of the American Academy of Kinesiology and Physical Education.

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For more information on Chuck Corbin's speaking engagement at the University of Dayton, please contact **Lloyd Laubach** at (937) 229-4205.