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Students Perception of Alcohol Induced Blackouts at the University of Dayton

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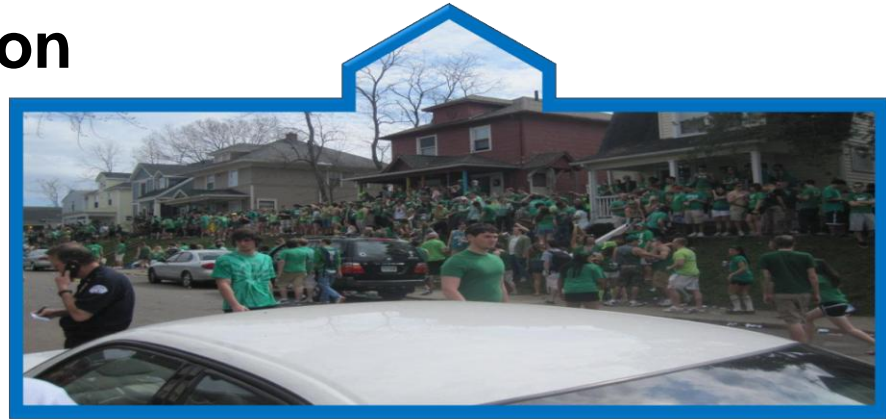
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Students Perception of Alcohol Induced Blackouts at the University of Dayton

What is a blackout? When someone is experiencing a blackout they are unable to remember blocks of time during a drinking episode, but they seem to be awake and fully functional to those around them (Buelow & Harbin, 1996).

BaShaun H. L. Smith
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Why?

A study by O'Mahony (2004) found that blackouts can occur among drinkers of all levels, may they be modest drinkers or those with alcohol addiction. Although alcohol blackouts can happen to those who are new to drinking there is some data that suggests that they could become more frequent with longer alcohol consumption and when someone becomes addicted to alcohol (O'Mahony, 2004).

Findings

- 150 respondents
- 74% of respondents said they have blacked out, specifically at the University of Dayton

Research Question

What are the University of Dayton students' thoughts on alcohol induced blackouts?

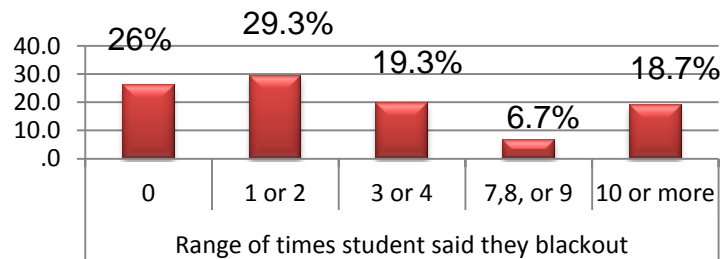
Materials and Methods

- 37 Question Survey
- Survey distributed to 180 students, from all academic years
- Survey was administered by the Community Wellness office (Vernique Coleman-Stokes) and in classes
- Survey results collected a month and a half after the week of January 26.

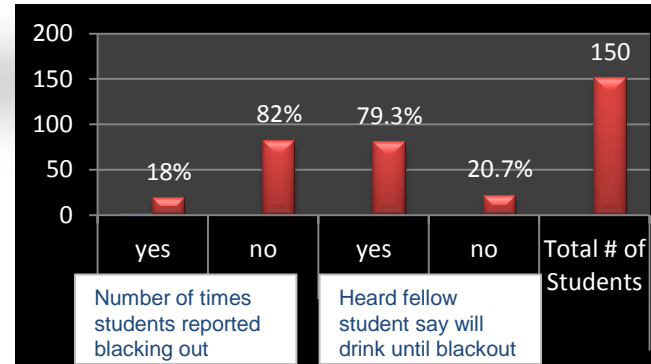
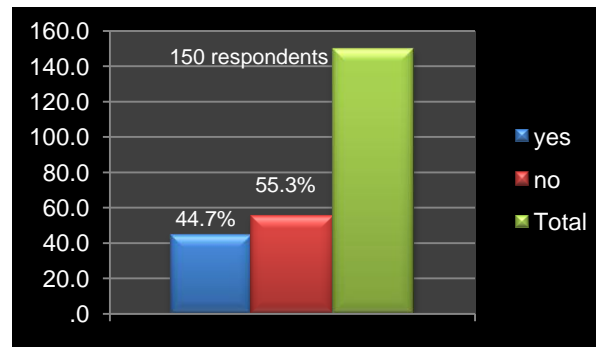
Student Profile

- 42.7% female, 57.3% male
- 40% first year, 16.7% sophomore, 22% junior, 11.3% seniors
- 93.3% white and 6.7% nonwhite
- 76% of students had 3.0 to 4.0 GPA
- 80% of students had their first drink between the ages of 15-18

Blackout Occurrences at the University of Dayton



44.7% of respondents had a four loko that caused a blackout



Students heard other students say they will drink until they blackout, however 82% said that they never purposely blackout.

Feelings after blackout?

- 46 students said they were scared because they could not remember what happened during a drinking
- Others said they were embarrassed, mad at themselves, did not feel good, hated it, it was funny, and indifferent.

