Change Your Thoughts to Change Your Life.

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Sigmund Freud
Oceanic Feeling

Wendy Steiner
Beauty as Communication

Pleasurable Experience of Beauty:
Enhancement of Life

Heinz Kohut
Beauty and Empathy

Disintegration Anxiety

It's a Short Trip from Riding the Waves of Change to Being Torn Apart by the Jaws of Defeat.

Ann Jurecic
Empathy: Informer of Appropriate Action

Resolution: Reader's Choice

Literary and Humanist Educators

Stern Post-Humanist Affect Theorists

Charles Baudelaire
“Beauty”

O mortals, I am beautiful as a stone dream
My breast—where each is bruised again and again—
Inspires the poet to a love
As mute and eternal as itself.

I am enthroned in azure – an incomprehensible sphinx –
I unify the cold heart to the white of the swan –
I hate the movement that distorts the line –
I never cry and I never laugh.

Before my pomp,
Where I may have lent my most prideful monuments,
Poets will have consumed their days in austere pursuits.

To fascinate these docile lovers,
I have pure mirrors that make all things more beautiful.
My eyes, my immense eyes eternally clear.