4-9-2016

Renew Your Interest...So your best potential can come to Light! Examining the Effectiveness of Academic Renewal Course & Coaching (ARCC)

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Recommended Citation

"Renew Your Interest...So your best potential can come to Light! Examining the Effectiveness of Academic Renewal Course & Coaching (ARCC)" (2016). Stander Symposium Posters. 680.
https://ecommons.udayton.edu/stander_posters/680

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ABSTRACT
This research explores how the seven week academic intervention course, Academic Renewal Course and Coaching (ARCC) at the University of Dayton, affects student learning development and the parallel to decreasing attrition. It correspondingly uncovers ARCC effectiveness and what that means for the student and institution.

OBJECTIVES
• Extract the academic intervention practices and strategies that work best to increase academic performance amongst students who are academically and motivationally challenged.
• Explains how and why student learning is affected when the appropriate conditions and resources aren’t identified and/or utilized.

QUESTIONS
• What did you discover about your learning preferences?
• What tools supported your learning?
• What was the most/least beneficial part of ARCC?
• What do you attribute to your development in ARCC?
• Did ARCC help define how you can prepare academically?
• How did ARCC help shape the way you think about yourself?
• Do you think that because of your ARCC experience, your experience in college is different than students who haven’t taken ARCC?

FINDINGS
• Sense of belonging, self-efficacy, self-authorship and transitional college adjustments were affected.
• Students discovered learning and environments, time management techniques, and note taking strategies.
• GPA reports revealed that students benefited from the course well into their collegiate career.

METHODOLOGY
• Personal interviews were held with former ARCC participants who were in their sophomore to senior year of college. Six interviewees were male and 1 interviewee, female.
• Data using former participant’s pre & post course GPA’s was assessed to determine long term results of ARCC.

IMPLICATIONS
Foster Campus Partner Relationships
Increased Marketing to All Students
More Assignment Creativity

SELECT REFERENCES

ACKNOWLEDGEMENTS
ARCC is a program that operates out of the Office of Learning Resources (OLR) at the University of Dayton (UD). A special thanks to OLR stuff Beth Lantz - running data collection reports, and Zella Smith for inviting ARCC former participants. It is through partnership and collaboration that we serve as change agents for our students.

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“I wouldn't be the student I am today if it wasn’t for ARCC”

“It wasn’t so much about what I learned, but what I rediscovered”

“ARCC forced me to pay attention to how I spent my time and how much of that time was spent unproductively”

Academic Readiness
Social/ Cultural Connectedness
Critical Thinking Resources