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Is Work-Life Balance a Myth?

01.19.2012 | Business

Leaders looking to improve leadership and team effectiveness or trying to develop more work-life satisfaction can find out how at upcoming University of Dayton Center for Leadership & Executive Development programs.

Matthew Kelly, an award winning author of the recently released *Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction*, will give his presentation as part of the executive development series on Wednesday, Feb. 1.

Roger Fortman, national executive coach for the National Hospice and Palliative Care Organization, will present "Improving Leadership and Team Effectiveness" Tuesday, Jan. 31. Fortman's talk is part of the supervisor and professional series.

Both programs run 8:30 a.m. to 4:30 p.m. in 1700 South Patterson Building, formerly the NCR Corp. world headquarters.

The cost to attend a one-day executive program is \$995 for the general public, \$945 for University of Dayton alumni and \$870 for CLED partners.

The cost for the supervisor and professional programs is \$395 for the general public, \$345 for University of Dayton alumni and \$290 for CLED partners.

This is the second year both programs presented by the University of Dayton Center for Leadership and Executive Development are open to the general public.

Program topics are based on the critical business and leadership needs identified annually by executives in the Dayton region and include employee engagement, developing high-potential leaders, creating passionate organizations and strategic innovation, among others.

All sessions will be at the 1700 South Patterson Building. For a complete schedule, list of speakers and session topics or to register, call 937-229-3115 or visit the related link.

For more information, contact Shawn Robinson, associate director of media relations, at 937-229-3391 or srobinson@udayton.edu.