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Free Flu Shots

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Free flu shots are available for faculty and staff from 7 a.m. until noon Sept. 22, 23 and 27 in the Kennedy Union Ballroom.

Pre-registration for a flu shot is not required.

"Most adults' immunity to influenza tends to wane around six-to-nine months after the vaccine, so annual vaccination is a good idea and recommended," said Mary Buchwalder, medical director at the Gosiger Health Center. "Older adults are at more risk of complications, hospitalization and death from influenza, and their immune systems tend to be less robust than younger adults, so it is particularly important for them to have an annual flu shot."

Besides the flu shots, faculty, staff and spouses can sign up for free health risk assessments. Flu shots are \$14 for spouses. To register, go to www.cincyhealthworks.com and click on "Schedule Appointments."

For more information, see the Centers for Disease Control and Prevention website:
http://www.cdc.gov/flu/flu_vaccine_updates.htm (url: http://www.cdc.gov/flu/flu_vaccine_updates.htm) .