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Day of Fasting, Prayer, Solidarity

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Day of Fasting, Prayer, Solidarity

03.23.2010 | Catholic, Students, Service and Giving

For 24 hours Thursday, March 25, and Friday, March 26, members of the University of Dayton community will go without so others may have more.

Beginning at 4:30 p.m. Thursday with an opening prayer service in Marianist Hall Chapel, they will participate in a Day of Fasting, Prayer and Solidarity. The goal is to raise awareness of poverty and hunger in the Dayton community and beyond.

In addition to fasting, which is defined as eating only one full meal and two smaller meals with no snacking during a day, participants will raise or donate money for Dayton food banks that have faced increased demands because of the recent economic downturn.

Also during the Day of Fasting, Prayer and Solidarity, participants will make lunches and deliver and serve them to residents of the St. Vincent Hotel at 120 West Apple St. in Dayton. Meal preparation is 8:30 to 9:30 a.m. Friday in the Liberty Hall basement. Participants will deliver and serve the meals from 9:45 a.m. to 1:30 p.m. Friday.

The event ends at 4:30 p.m. Friday with a Break the Fast soup and bread meal in Liberty Hall room 8.

Anyone interested in participating in the Day of Fasting, Prayer and Solidarity can visit the related link. For questions, contact John DeWyze at dewyzejd@notes.udayton.edu or Bridget Ebbert at 937-229-1754.

The University of Dayton campus ministry's Center for Social Concern and liturgies department are encouraging people to consider the reality of hunger worldwide this Lenten season.

During Lent, Campus Ministry also will promote Catholic Relief Services' Operation Rice Bowl and hold a nonperishable food drive during Holy Week - the week before Easter.

Lent began Ash Wednesday and ends right before the evening Mass of Holy Thursday. It is a 40-day period during which Catholics are called to renew their baptismal promises and repent the ways they have not lived up to those promises in solidarity with those who are preparing to be baptized at Easter.

Visit the related link for more information about Lent.

For more information, contact Shawn Robinson, associate director of media relations, at 937-229-3391 or srobinson@udayton.edu.