Social Change in Dayton

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## Food Insecurity & Community Involvement

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Advisor: Dr. Rhubart

### Food Insecurity

- Low Food Security: Reduced quality, variety, or desirability of food
- Very Low Food Security: Reduced food intake
- Limited access to grocery stores or shopping centers

### Efforts to Address Food Insecurity

- Mission of Mary Cooperative
  - Purpose: provide healthy and affordable food to east Dayton
  - How: non-profit organization that relies on volunteers and community involvement
  - Impact: 21,000lbs of fresh produce was consumed by members of the community

### Root Causes of Food Insecurity

- Lack of quality jobs in an area leads to income disparity
- Lower incomes make it difficult to access quality food
- Saturation of poverty in certain regions disincentivizes grocery stores from opening up businesses in these areas
- High levels of poverty restricts certain regions to less access to resources

### Facing Project Narrative

Dorothy Woods discusses the importance of having communal involvement in addressing community issues. She wishes for more municipal participation when it comes to resolving food accessibility.

### References
