

Inequality is Unhealthy

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Poster Goal

To examine the effects of social inequality on physical and mental health

History

- TANF caseload has plummeted since its start in 1996 due to financial incentives, sanctions, and time limits
- Concentrated poverty and food insecurity in Dayton, Ohio
- Low food security-Reduced quality, variety, or desirability of diet
- Very low food security-Reduced food intake

Concentrated Poverty in Dayton

- Communal mindset of hopelessness
- Study found that diet is mostly affected by social cognitive factors
- People in poor communities lack education/awareness of health

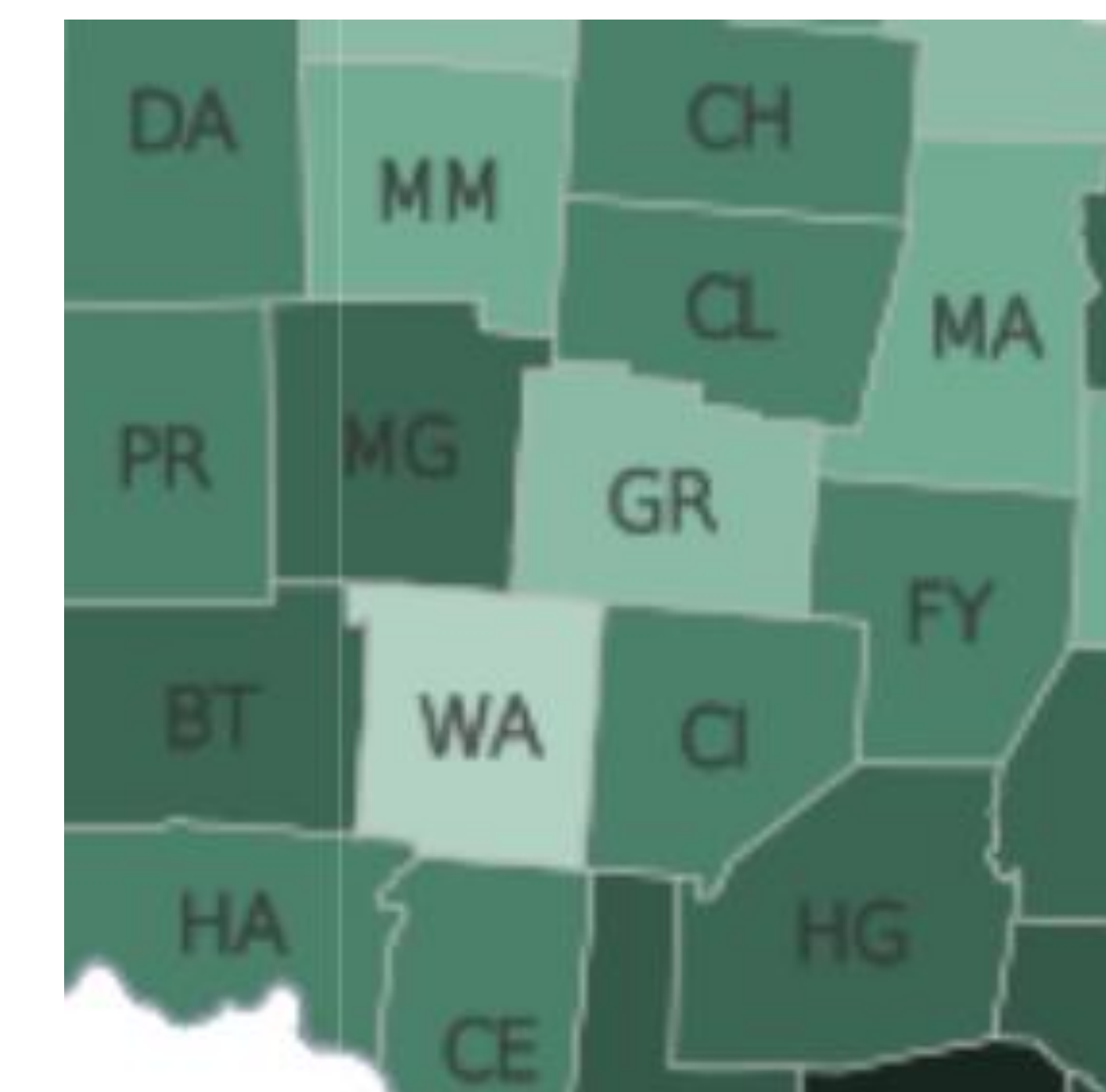
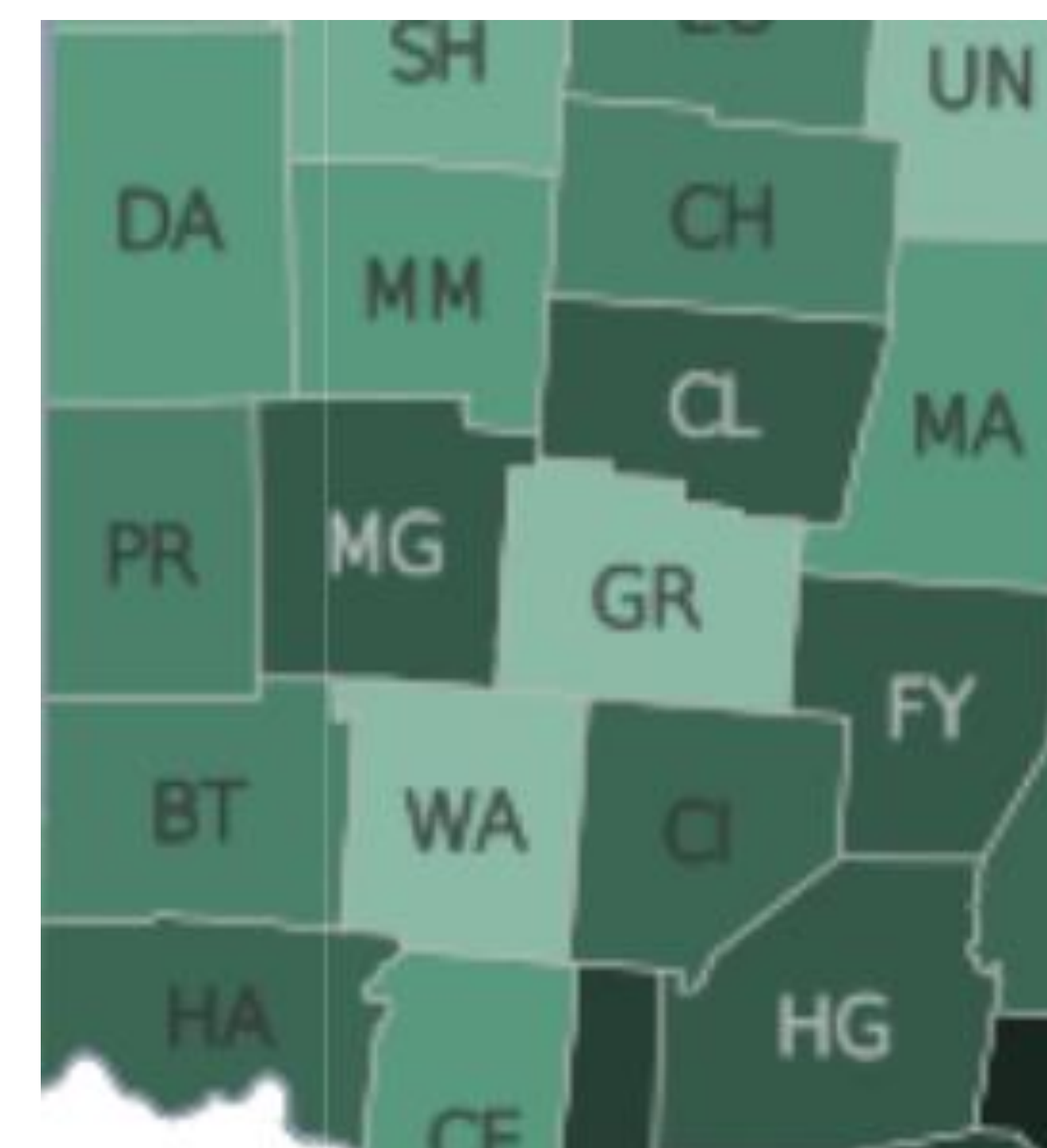


30% adult obesity rate in Montgomery County (unhealthy food is cheaper)
1/6 people in Miami Valley are food insecure
1/5 children don't know where their next meal is coming from

"The neighborhood was flourishing and now it's dilapidated."
"We only have one corner store – the prices are sky high."



People can't focus on anything else if they can't meet their basic dietary needs



Social Change

- St. Vincent De Paul- Provides a variety of food and shelter for people on the brink of homelessness
- The Dayton Foodbank- Distributes food to pantries, community kitchens, and shelters

Solutions

- More grocery stores
- Government-funded nutrition classes
- Access to mental health providers/counseling

References

Iceland, J. (2013). *Poverty in America: A handbook*. Berkeley: University of California Press.
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Mama Nozipo Glenn, Facing Project Narratives