Examination of Intent of Cancer Rehabilitation Patients to Continue Exercise Utilizing the Theory of Planned Behavior
Use of the Theory of Planned Behavior to Examine Intent of Cancer Rehabilitation Patients to Continue Exercise

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Research Question: We know that exercise is beneficial for cancer survivors, but what factors most strongly impact cancer survivors choice to continue exercise is a supervised exercise program?

What Did We Find?

- Post-completion of the 12 session MVHS Oncology Rehabilitation Program, six outcomes of seven program outcome measures significantly improved.

What Does It Mean?

Perspectives

This study, as a pilot study, has a very small number of participants (N=25), which can limit the analysis we run on the data and the applicability of results to a larger population.

References


