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A Season of Reflection

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A Season of Reflection

02.01.2008 | Catholic, Campus and Community

The University of Dayton welcomes students, faculty, staff and the Dayton community to the campus for Ash Wednesday observances and throughout the season of Lent.

"People often think of Lent as very somber and all about penitence," said Emily Strand, UD's campus minister for liturgies. "It is about penitence and taking a hard look at our lives, but also, a huge element is preparation for the renewal of our baptismal vows at the same time we're inducting new people into the church."

Traditionally, people give up something during Lent, but Strand said she has noticed students want to do more.

"There is a growing awareness that just giving something up like chocolate or Diet Coke is not the best way to prepare for renewing your baptismal vows," she said. "A lot of students give up buying something they don't really need and donate the money to a charity or church."

Other Lenten suggestions include:

- Invite a friend to come to Mass with you.
- After sharing in a Mass or Lenten program with a friend, go out for a bite to eat and talk about your response to the program.
- Make a point of praying specifically for another's need or concern.

Below is a schedule of services and events to observe Lent and celebrate Easter:

**Ash Wednesday Masses, Feb. 6**

8 and 10 a.m., noon, 4:30, 6 and 8 p.m. in the Chapel of the Immaculate Conception

9 p.m. in the McGinnis Center

Noon in the Marianist Hall Chapel (Interdenominational worship)

**Lenten activities, Feb. 7-March 14**

**Mondays**

8:30 p.m., Marianist Hall Chapel: Lenten Vespers

**Tuesdays**

11:30 a.m., Chapel of the Immaculate Conception: Confessions/Reconciliations

7-10 p.m., Kennedy Union Hangar: Lenten movie series

**Fridays**

11:30 a.m., Chapel of the Immaculate Conception: Confessions/Reconciliations

3 p.m., Chapel of the Immaculate Conception: Stations of the Cross

**Tuesdays, Feb. 12 and March 4**

12:05 p.m., Chapel of the Immaculate Conception: Memorial Mass for the University of Dayton community's recently departed relatives and friends. To submit a name, e-mail Terri Lauer at terri.lauer@notes.udayton.edu. Include the name of the deceased, that person's connection to UD and the date of death.
Wednesday, March 5

8 p.m., Chapel of the Immaculate Conception: Meditative Taize prayer led by student music ministers with the Sacrament of individual Reconciliation.

**Celebration of the Great Paschal Triduum, March 20-23 (all in the Chapel of the Immaculate Conception)**

8 p.m. March 20, Holy Thursday Mass

3 p.m. March 21, Good Friday of the Lord's Passion

9 p.m. March 22, Holy Saturday Easter Vigil

10 a.m. March 23, Easter Sunday Mass

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