



# Childhood Trauma: Equipping Schools with the Tools to Fight Back

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**Research Question:** How can we counteract childhood trauma in the school systems?

## Introduction

Exposure to early adverse childhood experiences

- Increases the risk for 7 out of the 10 leading causes of death in the U.S
- Is far more common than we realize
- Negatively alters the nervous, endocrine, and immune systems
- Increases the likelihood of deviance and incarceration

## ADVERSE CHILDHOOD EXPERIENCES HAVE BEEN LINKED TO:



## Findings

- Most schools do not have an effective approach to combating childhood trauma
- Mental health services in schools are not adequate
- Children effected by trauma are more likely to be punished for problematic behavior in schools



Schools offer professionals a critical time window to intervene without barriers like healthcare and access to medical treatment

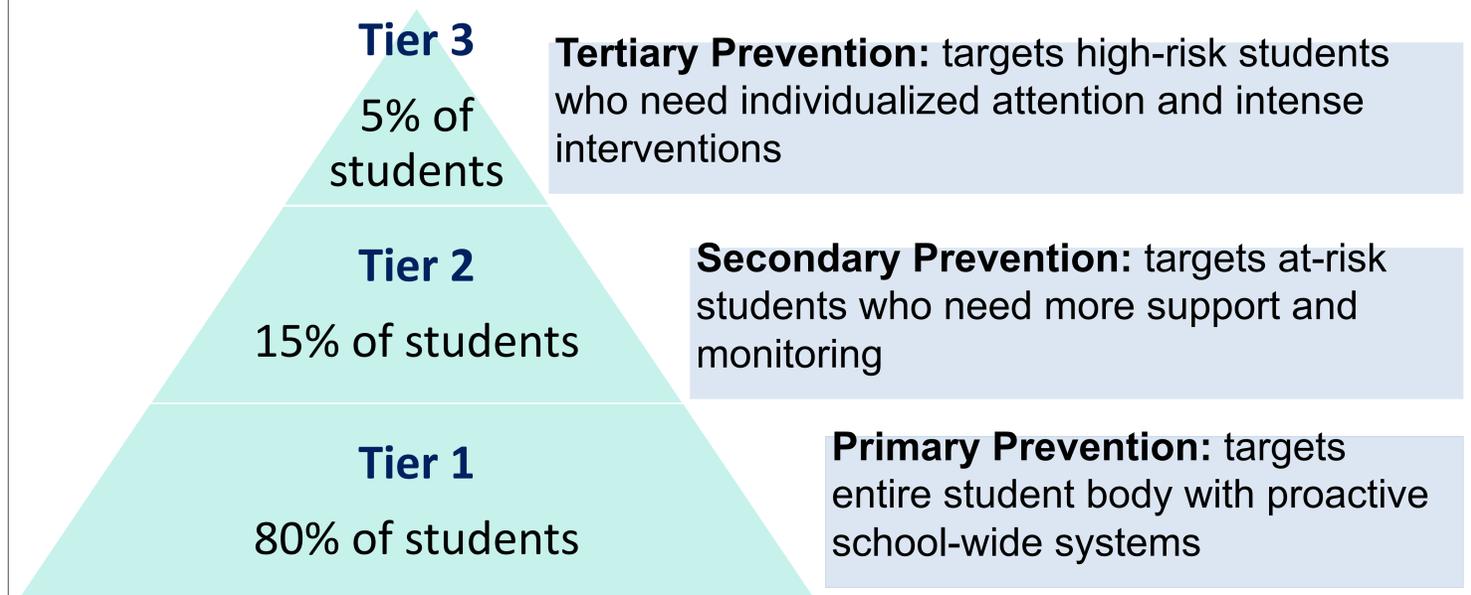
## Proposed Solution

A Multi-Tier Educational Framework

- Research shows this is an effective way to deliver mental health services
- Promotes early identification, prevention, and intervention

## How This Model Works

Universal screening process puts each student into one of three categories



## Conclusion

A multi-tier approach ensures that the available resources in a school system are distributed efficiently. School psychologists and other trained professionals should oversee allocating the limited resources. If done efficiently, victims of childhood trauma should be receiving tertiary prevention with extreme interventions.

## References

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