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One to Grow On

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One to Grow On

An author of a book about organizing retreats will show how spiritual sources, meditative practice, journaling and reflection are components for effective ministry and personal growth July 9-13 at the University of Dayton.

Nicki Verploegen, author of Meditations with Merton and Organic Spirituality: A Sixfold Path for Contemplative Living, will lead a graduate-level course that will expose students to contemplative practice.

"Spirituality for Ministry: Contemplation in the Chaos," offered by UD's department of religious studies, will meet daily from 9 a.m. to 4 p.m. in the Jesse Philips Humanities Center. The cost is $602 for two graduate credits or $300 to audit. To register, call UD's department of religious studies at 937-229-4321.

Verploegen, the director-in-residence at St. Joseph's Dwelling Place in Ludlow, Vt., has explored approaches to living contemplatively in the U.S., Japan, Indonesia, Tanzania, Kenya and Liberia. She has conducted retreats and provided spiritual direction for more than two decades. Her most recent book is Planning and Implementing Retreats: A Parish Handbook.

Verploegen formerly served as director of spiritual and ministerial development at the Weston Jesuit School of Theology in Cambridge, Mass.

For more information, contact Sandra Yocum Mize at 937-229-4321.