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Surviving with Teenagers Discussed at UD

DAYTON, Ohio, September 15, 1982 -- "Surviving with Teenagers" will be the topic of workshop sessions at the University of Dayton beginning on September 29.

The 4-week workshop, sponsored by the University of Dayton MORES - Center for Creative Ministry, will cover such areas as "How to Enhance Self-Awareness," "How to Really Clarify Messages," "How to Listen to Your Teen," and "How to Experience Family Problem Solving Skills." The sessions will be presented by Martha Langenbahn and Mary Ramey.

Langenbahn received her doctorate in counseling from Indiana University. She has taught elementary school, was a school counselor for six years, and served as clinical director for children with severe behavior problems at Eastway Learning Center. Currently, Langenbahn is working in outpatient therapy at the Greene County Children's Mental Health Center.

Ramey holds a master's degree in counseling psychology from Loyola University of Chicago. She has experience in individual and group counseling and has published articles on parenting and marriage enrichment and has developed a filmstrip on parenting.

The workshop sessions will be held on Wednesday evenings in Miriam Hall 211 on the UD campus. Registration fee is $35. For more information and registration, call 229-4327.

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