Students Bring Running Shoes to Religion Class; UD Honors Class and City of Dayton Work Together on Regional Hazardous Waste Plan

Follow this and additional works at: https://ecommons.udayton.edu/news_rls

Recommended Citation
https://ecommons.udayton.edu/news_rls/4550

This News Article is brought to you for free and open access by the Marketing and Communications at eCommons. It has been accepted for inclusion in News Releases by an authorized administrator of eCommons. For more information, please contact frice1@udayton.edu, mschlangen1@udayton.edu.
STUDENTS BRING RUNNING SHOES TO RELIGION CLASS

For most religion classes, a Bible and textbook are the only required learning materials. For Conrad L'Heureux's classes, students may also be required to bring their running shoes. L'Heureux is known for his innovative teaching techniques. Students often sit on the floor, do visualization exercises with their eyes closed, and meditate regularly. The running shoes are used for an exercise, in which students run for several minutes to feel what Elijah felt during his run to Mt. Horeb (I Kings 19: 7-8). This type of psychological-physiological exercise is only one example of L'Heureux's technique.

L'Heureux has also just published a book, which is receiving national recognition for his theories and approaches in teaching the Bible. For more information, call Conrad L'Heureux at 229-4218 or 229-4321. Copies of his book are available in a limited supply.

UD HONORS CLASS AND CITY OF DAYTON WORK TOGETHER ON REGIONAL HAZARDOUS WASTE PLAN

An Engineering Honors Seminar class is working with the City's Environmental Advisory Board to come up with a workable hazardous waste plan for Montgomery, Greene, and Miami counties.

Contact Professor Robert Mott for more information at 229-2969 or 229-4216. Accompanying the class on a field trip may be good for video or still photography.

The University of Dayton

For further information or assistance in scheduling interviews, contact Public Relations and University Communications, 229-3241.