

10-26-1999

It's Never Too Early for Exercise: UD Students Help Kindergartners Start Their Day

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Recommended Citation

"It's Never Too Early for Exercise: UD Students Help Kindergartners Start Their Day" (1999). *News Releases*. 8354.
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DAYTON

1850-2000

Oct. 26, 1999
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NEWS TIPS

THURSDAY, OCT. 28: IT'S NEVER TOO EARLY FOR EXERCISE; UD STUDENTS HELP KINDERGARTNERS START THEIR DAY

Each Thursday the kindergarten class at World of Wonder Academy, 4411 Oakridge Drive, starts the day with some early-morning exercise.

From 8:10 to 8:40 a.m. on Thursday, Oct. 28, 30 five-year-old students will work on their coordination and motor skills with eight University of Dayton students who are experiencing their first tastes of being teaches. The classes will continue on Thursday, Nov. 4, 11 and 18.

The UD students, who are mostly first-year students and enrolled in a personal and professional teacher development class, are training to be physical education teachers. For most students, this class serves as their first introduction to the field of health and sport science education, according to John Ralph, who instructs the course.

The students take turns leading the kindergartners in skipping, running, jumping and hopping exercises.

World of Wonder Academy is a first-year charter school serving kindergarten through second grade.

For media interviews, call **Judy Whelley** at World of Wonder at (937) 268-6781. There are photo restrictions for one of the kindergarten students.

For more information, call **John Ralph**, instructor of the class and assistant director of UD's diverse student population office, at (937) 229-3634.