It's Never Too Early for Exercise: UD Students Help Kindergartners Start Their Day

Follow this and additional works at: https://ecommons.udayton.edu/news_rls

Recommended Citation
https://ecommons.udayton.edu/news_rls/8354

This News Article is brought to you for free and open access by the Marketing and Communications at eCommons. It has been accepted for inclusion in News Releases by an authorized administrator of eCommons. For more information, please contact frice1@udayton.edu, mschlangen1@udayton.edu.
THURSDAY, OCT. 28: IT'S NEVER TOO EARLY FOR EXERCISE;
UD STUDENTS HELP KINDERGARTNERS START THEIR DAY

Each Thursday the kindergarten class at World of Wonder Academy, 4411 Oakridge Drive, starts the day with some early-morning exercise.

From 8:10 to 8:40 a.m. on Thursday, Oct. 28, 30 five-year-old students will work on their coordination and motor skills with eight University of Dayton students who are experiencing their first tastes of being teachers. The classes will continue on Thursday, Nov. 4, 11 and 18.

The UD students, who are mostly first-year students and enrolled in a personal and professional teacher development class, are training to be physical education teachers. For most students, this class serves as their first introduction to the field of health and sport science education, according to John Ralph, who instructs the course.

The students take turns leading the kindergarteners in skipping, running, jumping and hopping exercises.

World of Wonder Academy is a first-year charter school serving kindergarten through second grade.

For media interviews, call Judy Whelley at World of Wonder at (937) 268-6781. There are photo restrictions for one of the kindergarten students.

For more information, call John Ralph, instructor of the class and assistant director of UD's diverse student population office, at (937) 229-3634.